

# County Health Officer Quarterly Report to the State Board of Health

County Health Officer Name: Troy Ross, MD, MPH

County: Lander

Report for: third quarter of 2025

Date of Submission: 8/20/2025

## ***County Board of Health Updates***

There no new member on the Board of Health.

There are no Board of Health meetings scheduled the third quarter of 2025.

Actions taken by the BOH in the third quarter:

None.

## ***General Updates***

- 1) The Lander County Vitamin D screening and treatment program continues to be offered. To date, 140 tests have been completed.

The results show

65% of those tested have vitamin D deficiency (blood level less than 30ng/dL)

18% tested have an inadequate level of vitamin D (less than 40ng/dL)

*Bottom Line: 83% of those tested would benefit from vitamin D supplementation. It is expected that this convenience sample is similar to the general population – implying that a majority of the people of Lander County are at an elevated risk for all chronic and infectious diseases.*

- 2) The SB118 dental treatment program will be refocused on primary prevention rather than treatment. This will entail using information gathered in the vitamin D program as the starting point for an education campaign to identify children with insufficiency. Education on the importance of vitamin D in maintaining oral health will be provided to the communities. Testing will be offered at multiple touch points. Treatment with vitamin D supplementation will be encouraged and offered, and repeat testing will be provided to those who agree to supplement.