Joe Lombardo *Governor* Richard Whitley, MS

Director



## **DEPARTMENT OF HUMAN SERVICES**





#### NOTICE OF PUBLIC HEARING

Lauara Lisk, Wendover Ambulance, 427 Mesa Street, West Wendover, Nevada 89883, IS REQUESTING A VARIANCE, # 788, FROM THE NEVADA STATE BOARD OF HEALTH REGULATIONS.

NOTICE IS HEREBY GIVEN THAT Lauara Lisk, Wendover Ambulance, located at 427 Mesa Street, West Wendover, Nevada 89883, has requested a variance from Nevada Administrative Code (NAC)450B. 384 and NAC 450B.461.

A public hearing will be conducted on September 5, 2025, at 9:00 am by the Nevada State Board of Health to consider this request. This meeting will be held online and at physical locations, listed below.

#### **Physical Locations:**

Southern Nevada Health District (SNHD)

Red Rock Trail Rooms A and B

280 S. Decatur Boulevard; Las Vegas, Nevada 89107

Nevada Division of Public and Behavioral Health (DPBH)
Hearing Room No. 303, 3rd Floor
4150 Technology Way; Carson City, Nevada 89706

#### **Virtual Information:**

**Meeting Link:** 

https://teams.microsoft.com/l/meetup-

join/19%3ameeting MjVmMTM4MTQtMmYyOC00NmVjLTg4NWQtOTVIZWU1MzUyZGZl%40thread.v2/0?context=%7b %22Tid%22%3a%22e4a340e6-b89e-4e68-8eaa-1544d2703980%22%2c%22Oid%22%3a%22768e443d-3be6-48f0-9bb0-7e72f1276b8d%22%7d

<u>Please Note: If you experience technical difficulties connecting online, please call into the meeting to participate by phone.</u>

#### **Join by Phone:**

1-775-321-6111

Phone Conference ID Number: 402 212 427#

Lauara Lisk, Wendover Ambulance, located at 427 Mesa Street, West Wendover, Nevada 89883, is requesting a variance from NAC 450B.384 and 450B.461 which states:

NAC 450B.384 states as follows:

The holder of a certificate issued pursuant to NAC 450B.360 shall not practice beyond the scope of the certificate unless authorized by the health authority which issued the certificate.

NAC 450B.461(2) states in pertinent part:

No advanced emergency technician (AEMT) or paramedic may administer any dangerous drug while serving as an attendant in a service unless the dangerous drug is named on the inventory of medication issued by the medical director of the service and:

- (a) An order is given to the AEMT or paramedic by a physician or registered nurse supervised by a physician; or
- (b) The AEMT or paramedic is authorized to administer the drug pursuant to a written protocol that is approved by the medical director of the service and on file with the Division.

Wendover Ambulance is requesting a variance to allow Advanced Emergency Medical Technicians (AEMTs) to administer **Amiodarone** and **Lidocaine** during resuscitation of cardiac arrest patients with shockable rhythms (ventricular fibrillation and pulseless ventricular tachycardia). The applicant cites rural staffing limitations, extended transport times, and the need to follow current ACLS standards in the absence of a Paramedic.

The authority of the State Board of Health to consider and grant a variance from the requirements of a regulation is set forth at NRS 439.200 and NAC 439.200 – 439.280.

Persons wishing to comment upon the proposed variance may appear at the scheduled public hearing or may submit written testimony at least five days before the scheduled hearing to:

Secretary, State Board of Health Division of Public and Behavioral Health 4150 Technology Way, Suite 300 Carson City, NV 89706

Anyone wishing to testify for more than five minutes on the proposed variance must petition the Board of Health at the above address. Petitions shall contain the following: 1) a concise statement of the subject(s) on which the petitioner will present testimony; 2) the estimated time for the petitioner's presentation.

This notice has also been posted at the following locations:

DIVISION OF PUBLIC AND BEHAVIORAL HEALTH (DPBH), 4150 TECHNOLOGY WAY, CARSON CITY, NV DIVISION OF PUBLIC AND BEHAVIORAL HEALTH WEBSITE:

http://dpbh.nv.gov/Boards/BOH/Meetings/Meetings/

Joe Lombardo *Governor* 

Richard Whitley, MS *Director* 



## **DEPARTMENT OF HUMAN SERVICES**





### **MEMORANDUM**

**DATE:** August 13, 2025

TO: John Pennell, Chair

State Board of Health

FROM: Dena Schmidt, Administrator

**Division of Public and Behavioral Health** 

RE: Case # 788, Wendover Ambulance

#### **Regulation/Statutory Authority**

Nevada Administrative Code (NAC) 450B.384 states:

The holder of a certificate issued pursuant to NAC 450B.360 shall not practice beyond the scope of the certificate unless authorized by the health authority which issued the certificate.

NAC 450B.461(2) states in pertinent part:

No advanced emergency medical technician (AEMT) or paramedic may administer any dangerous drug while serving as an attendant in a service unless the dangerous drug is named on the inventory of medication issued by the medical director of the service and:

- (a) An order is given to the AEMT or paramedic by a physician or registered nurse supervised by a physician;
- (b) The AEMT or paramedic is authorized pursuant to administer the drug pursuant to a written protocol that is approved by the medical director of the service and on file with the Division

#### **Summary of Variance Request:**

On May 23, 2025, Wendover Ambulance ("Applicant") submitted a request for a variance from the requirements of NAC 450B.461(2) to allow AEMT's to administer **Amiodarone** and **Lidocaine** during resuscitation of cardiac arrest patients with shockable rhythms (ventricular fibrillation and pulseless

ventricular tachycardia). Applicant cites rural staffing limitations, extended transport times, and the need to follow current ACLS standards in the absence of a Paramedic.

#### Degree of risk to public health or safety:

Amiodarone is widely used as a first-line antiarrhythmic in cardiac arrest, with a relatively favorable safety profile in pulseless patients. Lidocaine, while also used in cardiac arrest, carries a narrower therapeutic window, more complex pharmacokinetics, and increased risk for toxicity and neurologic complications if misused.

Given the context of AEMT training, the variability in preparation and dosing for Lidocaine, and its declining role in current ACLS algorithms, Lidocaine presents a higher risk for prehospital misuse by providers not trained to the Paramedic level.

#### **Exceptional and undue hardship:**

Applicant serves a remote region where a Paramedic may not be available for every cardiac arrest response. In these circumstances, patients may suffer decreased chances of return of spontaneous circulation (ROSC) if ACLS medications are withheld. This creates a legitimate and urgent care gap for which Amiodarone could be a safe and effective intervention under medical oversight.

#### **Intent of Regulation:**

NAC 450B.384 and 450B.461 are intended to protect public safety by restricting the administration of medications, especially dangerous drugs to licensed providers within their scope of practice, and only under approved protocols. The regulation ensures a standardized and safe level of care across the state, following the National EMS Scope of Practice Model.

#### **Staff Recommendation**

DPBH staff recommends the State Board of Health approve Applicant's variance to NAC 450B.384 and NAC 450B.461 for the administration of **Amiodarone** by AEMT's ONLY.

DPBH staff **does not** support approval of **Lidocaine** administration by AEMTs at this time due to its increased risk profile and the complexity of safe administration without Paramedic-level training.

If approved, the variance for Amiodarone only becomes effective if the following stipulations are met:

- 1. Only AEMTs who have completed a documented, Medical Director-approved training program specific to Amiodarone may administer this medication. The training must include:
  - Cardiac arrest pharmacology
  - o Indications and contraindications for Amiodarone
  - Preparation and administration of IV/IO doses
  - o Recognition and management of post-resuscitation complications
- 2. Training records must be submitted to the Division prior to implementation.
- 3. Amiodarone may only be administered during confirmed pulseless cardiac arrest (ventricular fibrillation or pulseless ventricular tachycardia) and only:

- o Under online medical control; or
- As part of a standing protocol approved by the Medical Director and on file with the Division
- 4. All administrations of Amiodarone must be reviewed by the Medical Director within 72 hours.
- 5. Any adverse events, medication errors, or deviations from protocol must be reported to the Division within 72 hours, including:
  - The nature of the occurrence
  - Remediation steps taken
  - o Recommendations for additional training or removal of medication privileges
- 6. **Lidocaine** must remain restricted to Paramedic use as defined by current state regulation and scope of practice guidelines.

#### Impairment to the purpose of the regulation:

Approving Amiodarone with the above stipulations does not substantially impair the purpose of the regulation. It allows for limited expansion in a rural frontier setting under strict controls and medical oversight, while maintaining public safety. Denial of Lidocaine maintains regulatory integrity by preserving medication use within appropriate training levels.

#### **Public Comments:**

[Enter any public comments staff may have received before variance is heard]

#### **Presenter:**

Bobbie Sullivan, Emergency Medical Serivces Program Manager

#### **Attachments:**

None.



#### **APPLICATION FOR VARIANCE**

Please check the appropriate box that pertains to the NAC for which you are requesting a variance.

Division Adm (NAC 439, 44	ninistration 11A, 452, 453A, & 629)	Health Care Qu (NAC 449, 457	uality & Compliance 7, 459 & 652)	
Child, Family & Community Wellness (NAC 392, 394, 432A, 439, 441A, & 442)  Public Health & Clinical Services (NAC 211, 444, 446, 447, 583, & 585)				
Date:	+, ++0, ++7, 363, & 363)			
Name of Applicant:	Wendover Ambulance	Phone:	801-516-1747	
Mailing Address:	P.O. Box 2530	_	001 010 17 17	
<u> </u>		7:	00002	
City: W. Wendover		Zip:	89883	
We do hereby apply for a variance to chapter/section 450B.384 and 450B.461 of the Nevada Administrative Code (NAC). (For example: NAC 449.204)  Title of section in				
question: 450B.384 EMT practice beyond scope of certificate prohibited. 450B.461 Restrictions on authority to administer				
Statement of existing of	or proposed conditions in violation	n of the NAC:		
AEMT Scope of Practice does not allow for the administration of Amiodarone and				
Lidocaine by AEMTs.	Both are a Schedule IV controlled	I substance that meets the	2	
definition for "dangerous drug". Wendover Ambulance proposes to utilize Amiodarone				
and Lidocaine under strict protocols and on-line medical direction for Pulseless Cardiac				
Arrest, V-fib, V-tach.				

#### **APPLICATION FOR VARIANCE**

Date of initial operation (if existing): 10-01-1987

## ATTENTION: Please read this section closely. Your request for variance will be examined against these criteria:

Any person who, because of unique circumstances, is unduly burdened by a regulation of the State Board of Health and thereby suffers a hardship and the abridgement of a substantial property right may apply for a variance from a regulation. (NAC 439.200(1))

- 1. The State Board of Health will grant a variance from a regulation only if it finds from the evidence presented at the hearing that:
  - (a) There are circumstances or conditions which:
    - (1) Are unique to the applicant;
    - (2) Do not generally affect other persons subject to the regulation;
    - (3) Make compliance with the regulation unduly burdensome; and
    - (4) Cause a hardship to and abridge a substantial property right of the applicant; and
  - (b) Granting the variance:
    - (1) Is necessary to render substantial justice to the applicant and enable him to preserve and enjoy his property; and
    - (2) Will not be detrimental or pose a danger to public health and safety.
- 2. Whenever an applicant for a variance alleges that he/she/they suffers or will suffer economic hardship by complying with the regulation, they must submit evidence demonstrating the costs of compliance with the regulation. The Board will consider the evidence and determine whether those costs are unreasonable. (NAC 439.240)

Therefore, it is important for your variance request to be as complete as possible. It is your responsibility to attach documentation supporting your variance request.

Statement of degree of risk of

health Risk will be minimal due to the training of AEMTs directed and overseen by Medical Director. Strict protocols have been written and online medical control will be required. AEMTs are currently and will maintain ACLS (advanced cardiac life support) certification. Due to staffing shortage, many only have AEMTs on ambulance and Cardiac patients will suffer undue harm due to inability of AEMTs to deliver current best practice cardiac care meds until meeting a helicopter.



#### **APPLICATION FOR VARIANCE**

#### Please state in detail the circumstances or conditions which demonstrate that:

1. An exceptional and undue hardship results from a strict application of the Regulation:
See the attached request document for additional information.
2. The variance, if granted, would <u>not:</u>
A. Cause substantial detriment to the public welfare.
See the attached request document for additional information.
B. Impair substantially the purpose of the regulation from which the application seeks a variance. See the attached request document for additional information.
The bureau may require the following supporting documents to be submitted with and as a part of this application:
Specific Request:

#### **APPLICATION FOR VARIANCE**

1.	concerned
_ 2.	General area identification map
_ 3.	Plot map showing locations of all pertinent items and appurtenances
_ 4.	Well log (if applicable)
_ 5.	Applicable lab reports
_ 6.	Applicable engineering or construction/remodeling information
_ 7.	Other items (see following pages)
plicatio	on must be accompanied by evidence demonstrating the costs of your
ons or s	pecific statutory standards. Your request will be placed on the Board of Hea

This application must be accompanied by evidence demonstrating the costs of your compliance with regulations or specific statutory standards. Your request will be placed on the Board of Health agenda 40 days or more after receipt in this office if accompanied by the required fee (NAC 439.210). The application and supporting documentation will form the basis for the Division of Public and Behavioral Health staff report and recommendation(s) to the Board. Failure to respond to the above statements may cause the Board to deny consideration of the application at the requested Board meeting.

I am/we are requesting this variance request be placed on the next regularly scheduled Board of Health agenda. It is understood that I/we can attend in person at either physical location in Carson City or Las Vegas or we may attend virtual.

Signature:	- Savara Sk
Printed Name:	Lauara Lisk
Title:	President/CEO/AEMT
Date:	05/20/2025



#### **APPLICATION FOR VARIANCE**

## PLEASE SUBMIT YOUR APPLICATION FOR VARIANCE BY USING ANY OF THE FOLLOWING METHODS:

#### **MAIL TO:**

Secretary, Nevada State Board of Health

Division of Public and Behavioral Health 4150 Technology Way, Suite 300 Carson City, NV 89706

**FAX:** 

775-687-7570

**EMAIL:** 

<u>DPBH@health.nv.gov</u> <u>StateBOH@health.nv.gov</u>



#### APPLICATION FOR VARIANCE

Please check the appropriate box that pertains to the NAC for which you are requesting a variance.

Statement of existing AEMT Scope of Practi	or proposed conditions in violatice does not allow for administration controlled substance that r		
question: Statement of existing		tion of Amiodarone and Lic	docaine by AEMTs. Both
question:		tion of the NAC:	
Title of section in	0B.384 EMT practice beyond scope of c	pertificate prohibited, 450B,461 Re	estrictions on authority to adminise
	(NAC). (For example: NAC 44		
We do hereby apply to		of the Nevada	
City: W. Wend	flover State: 1	NV Zip:	89883
Mailing Address:	P O Box 2530		
Name of Applicant:	Wendover Ambulance	Phone:	801-516-1747
Date:			
(NAC 211, 4	44, 446, 447, 583, & 585)		
Public Health	h & Clinical Services		
	94, 432A, 439, 441A, & 442)		Epidemiology OB, 452, 453, 453A, &
Child, Family	& Community Wellness		
(NAC 439, 4	41A, 452, 453A, & 629)	(NAC 449, 45	7, 459 & 652)
Division Administration			uality & Compliance
Division Adn			



#### APPLICATION FOR VARIANCE

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    - (4) Cause a hardship to and abridge a substantial property right of the applicant; and
  - (b) Granting the variance:
    - Is necessary to render substantial justice to the applicant and enable him to preserve and enjoy his property; and
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harm due to inability of AEMTs to deliver current best practice cardiac care meds until meeting a helicopter.



#### APPLICATION FOR VARIANCE

Please state in detail the circumstances or conditions which demonstrate that:

	An exceptional and undue hardship results from a strict application of the Regulation: the attached request document for additional information.
2.	The variance, if granted, would not:
See	A. Cause substantial detriment to the public welfare, the attached request document for additional information.
See t	B. Impair substantially the purpose of the regulation from which the application seeks a variance the attached request document for additional information
The bu	reau may require the following supporting documents to be submitted with and as a part of this tion:
specifi	c Request:



#### APPLICATION FOR VARIANCE

- Legal description of property concerned
- General area identification map
- 2. Plot map showing locations of all pertinent items and appurtenances
- Well log (if applicable)
- Applicable lab reports
- 6. Applicable engineering or construction/remodeling information
- Other items (see following pages)

This application must be accompanied by evidence demonstrating the costs of your compliance with regulations or specific statutory standards. Your request will be placed on the Board of Health agenda 40 days or more after receipt in this office if accompanied by the required fee (NAC 439.210). The application and supporting documentation will form the basis for the Division of Public and Behavioral Health staff report and recommendation(s) to the Board. Failure to respond to the above statements may cause the Board to deny consideration of the application at the requested Board meeting.

I am/we are requesting this variance request be placed on the next regularly scheduled Board of Health agenda. It is understood that I/we can attend in person at either physical location in Carson City or Las Vegas or we may attend virtual.

Signature:

Lauara Lisk

Title:

President/CEO/AEMT

Date:

05-20-2025



#### APPLICATION FOR VARIANCE

#### PLEASE SUBMIT YOUR APPLICATION FOR VARIANCE BY USING ANY OF THE FOLLOWING METHODS:

#### MAIL TO:

Secretary, Nevada State Board of Health Division of Public and Behavioral Health 4150 Technology Way, Suite 300 Carson City, NV 89706

FAX:

775-687-7570

EMAIL:

DPBH@health.nv.gov StateBOH@health.nv.gov Wendover Ambulance 427 Mesa Street P.O. Box 2530 West Wendover, Nevada 89883 (775) 664-2081

Fax: (775) 664-2244

E-mail: lauara.wendoverambulance@gmail.com

NAC 439.200 states that "Any person who, because of unique circumstances, is unduly burdened by a regulation of the State Board of Health and thereby suffers a hardship and the abridgement of a substantial property right may apply for a variance from a regulation."

Wendover Ambulance is seeking a variance to Nevada Administrative Codes 450B.384 and 450B.461

The specific variance requested is:

Allowing Wendover Ambulance Advanced Emergency Medical Technicians (AEMTs) to administer Amiodarone and Lidocaine to patients of Wendover Ambulance for Cardiac Arrest care under a set of very strict Protocols, guidelines and training requirements under authority of the Medical Director.

- 1. The State Board of Health will grant a variance from a regulation only if it finds from the evidence presented at the hearing that:
  - a. There are circumstances which:
    - i. Are unique to the applicant.
    - ii. Do not generally affect other persons subject to the regulation;
    - iii. Make compliance with the regulation unduly burdensome; and
    - iv. Cause a hardship to abridge a substantial property right of the applicant:
  - b. Granting the Variance:
    - i. Is necessary to render substantial justice to the applicant and enable him to preserve and enjoy his property; and
    - ii. Will not be detrimental or pose a danger to public health and safety.

Wendover Ambulance will provide information to show that our agency has unique circumstances and is burdened by this regulation in regards to the use of Amiodarone and Lidocaine for our cardiac arrest patients.

As some background information, Wendover Ambulance is headquartered in West Wendover, Nevada and began business in 1987. We are an ALS Agency and operate Paramedics and AEMTs (Advanced Emergency Medical Technicians) and EMTs (Emergency Medical Technicians). Like most other rural agencies in Nevada and in fact the whole country, recruitment and retention of Paramedics is difficult at best and so we operate with a combination of Paramedic and AEMT or Paramedic EMT. Larger metropolitan cities have a larger tax base and are in a better position to pay large salaries to Paramedics and so it is extremely difficult for rural agencies to provide the advanced care that is just as needed in rural areas as in the cities, Many times, there will be a call for a second or third ambulance so the subsequent ones will most likely only be staffed with AEMTs as the ALS provider. It is during these times that Wendover Ambulance needs the requested variance.

As some may already know, the state line between Wendover, Utah and West Wendover, Nevada bisects the two Cities and states of Nevada and Utah. This certainly causes some unique situations for our Agency. Because we provide Emergency Medical Services and Transportation to patients on both sides of the line, and transport to hospitals in the Salt Lake City area as well as Elko and Ely Nevada, we are licensed by the Nevada Department of Health as well as the Utah Department of Public Safety. All our Paramedics, AEMTs and EMTs are also licensed in each state.

Wendover is very rural, as the closest hospitals are more than 115 miles away – in any direction. We also cover the Ibapah Reservation 65 miles southeast of Wendover and it is considered a Frontier Area by HRSA. Each year Wendover has approximately 950 to 1000 patient calls.

We are governed by the EMS regulations of each state- Nevada and Utah and for the most part they are similar, but a marked difference is the scope of practice of AEMTs. Utah has had a state EMS Medical Director, Dr. Peter Tailac since 2012 who has worked with the Utah State EMS Committee and various sub committees to establish state-wide EMS Protocols. While the Utah Protocol- 2013 version was updated two years ago (2023), Wendover Ambulance is still utilizing the 2013 Wendover Ambulance Protocols version. Based on the Utah 2013 scope of practice for AEMTs these protocols allow for more medication in Cardiac Arrest/Shockable Rhythms than Nevada allows.

The current 2013 Wendover Ambulance Protocols allow AEMTs to administer Amiodarone and Lidocaine for patients in a shockable rhythm, however are not utilized because Nevada EMS requires that we have a variance from the Nevada Board of Health for them. **Our new proposed 2025 Wendover Ambulance Protocols will allow AEMTs the use of amiodarone and lidocaine for Pulseless Shockable Rhythms,** of course the implementation will all be done according to Agency Medical Direction and appropriate training, testing, and quality assurance.

Our Medical Director wants us to follow the current 2013 Cardiac Arrest management protocols that we have had approved each year when our Agency renews its Permit. (A copy of the Protocol is attached) to be replaced by **our proposed 2025 Wendover Ambulance Protocols.** Because our AEMTs have not been utilizing this protocol, Dr. Gerald Doyle, our Medical Director has requested we apply to the Nevada Board of Health for a variance to allow our AEMTs to utilize amiodarone and lidocaine and has had our Paramedic Training Officer develop a training plan, including certification in ACLS and PALS, and will pass the examinations, both practical and didactic. All EMTs will be individually approved by Dr. Doyle before they are allowed to follow the protocol. It should be noted that for more than 10 years our AEMTs all maintain ACLS (American Heart Advanced Cardiac Life Support) certification and PALS (Pediatric Advance Life Support) certification.

As of October 1, 2023, Nevada is part of the EMS Compact that encompasses more than 20 states. Utah has been a member of the Compact for many years. This Compact facilitates the day-to-day movement of EMS Personnel across state boundaries in the performance of their duties. It makes even more sense now that Wendover Ambulance update protocols, since the current protocols have been in place for the last 10 years.

Nevada State EMS has taken the stance that Agencies must adhere to the National EMS Scope of Practice Model. Initially published in 2007 it was revised in 2019 by the National Association of State EMS Officials (NAEMSO). It was developed to provide guidance for States when developing their own EMS scope of practice legislation, rules and regulations. As well all know, it was meant to provide a *minimum* standard, not a maximum standard of care.

#### To sum it up:

- a. 1. Unique Wendover is very rural ambulance service with a service area more than 1,000 square miles serving the local population of approximately 7500 people that swells to double that on weekends due to the casino industry. The closest hospitals are at least 115 miles away in any direction as well as the closest ALS ambulance companies. (Elko and Salt Lake City).
- a. 2. Effect on other persons (Agencies) Our variance request would not affect other persons subject to the regulation as we are only requesting Wendover Ambulance staff.
- a. 3. Unduly burdensome The current regulation burdens Wendover Ambulance, our community and our patients by limiting the level of service we can provide. The rural area and limited

- resources make the hiring of Paramedics difficult and AEMTs are limited in their scope of practice. Many of our second crew calls are only staffed with AEMTs.
- a. 4. Hardship Due to extended distances to hospital and limited Paramedics, the patients who receive care in our area may be deprived of appropriate ACLS cardiac care.
- b. 1. Necessary Wendover Ambulance needs this variance to provide high quality cardiac care to appropriate patients and they have a right to expect that care.
- b. 2. The administration of Amiodarone and Lidocaine will not pose a danger to public health and safety. It would in fact do the opposite. Patients deserve to have appropriate healthcare and medications when they come to Wendover. All AEMTs are currently trained in ACLS and PALS guidelines, as well as additional Cardiac Arrest management training.

#### STATEMENT OF DEGREE OF RISK OF HEALTH:

Wendover Ambulance responds to approximately 1000 patient calls per year. Many of those calls include cardiac arrests. Many times, there are multiple calls at the same time with multiple crews transporting patients to hospitals. Without the immediate availability of paramedics, and subsequent administration of antiarrhythmics (specifically Amiodarone and Lidocaine), patients will unnecessarily suffer decreased resuscitation options during treatment and transport to a helicopter and/or hospital.

AN EXCEPTIONAL AND UNDUE HARDSHIP RESULTS FROM STRICT APPLICATION OF THE REGULATION:

The difficulty in recruiting and retaining paramedics in our rural community causes hardship. The back-up AEMTs are unreasonably limited in the care they can offer for treatment of Pulseless, Shockable Cardiac Arrest.

#### THE VARIANCE, IF GRANTED WOULD NOT:

- A. CAUSE SUBSTANTIAL DETRIMENT TO THE PUBLIC WELFARE.

  Approval of this variance would not cause detriment to the public welfare; it would have the opposite effect and provide citizens and visitors with exceptional prehospital medical care. The potential for damage is mitigated through continual, thorough training.
- B. IMPARE SUBSTANTIALLY THE PURPOSE OF THE REGULATION FROM WHICH THE APPLUICANT SEEKS A VARIANCE.

  The variance would not impair the purpose of the regulation. There have been updates to the NHTSA National Scope of Practice Model that now includes more **Medical Director Approved medications for AEMTs.**

In conclusion, Wendover Ambulance believe this variance will allow our AEMTs to provide a higher level of care needed for our patients while maintaining the highest standards of training and compliance as well under the continued direction and support of our Medical Director.

Sincerely,

Lauara Lisk President

Lavaratist



Wendover Ambulance 427 Mesa Street P.O. Box 2530 West Wendover, Nevada 89883 (775) 664-2081 Fax: (775) 664-2244

E-mail: lauara.wendoverambulance@gmail.com

NAC439.200 states that "Any person who, because of unique circumstances, is unduly burdened by a regulation of the State Board of Health and thereby suffers a hardship and the abridgement of a substantial property right may apply for a variance from a regulation."

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The specific variance requested is:

- Allowing Wendover Ambulance Advanced Emergency Medical Technicians (AEMTs) to administer Amiodarone and Lidocaine to patients of Wendover Ambulance for Cardiac Arrest care under a set of very strict Protocols, guidelines and training requirements under authority of the Medical Director.
- The State Board of Health will grant a variance from a regulation only if it finds from the evidence presented at the hearing that:
  - a. There are circumstances or conditions which:
    - Are unique to the applicant.
    - 2. Do not generally affect other persons subject to the regulation;
    - 3. Make compliance with the regulation unduly burdensome; and

 Cause a hardship to abridge a substantial property right of the applicant:

#### b. Granting the Variance:

- Is necessary to render substantial justice to the applicant and enable him to preserve and enjoy his property; and
- 2. Will not be detrimental or pose a danger to public health and safety.

Wendover Ambulance will provide information to show that our agency has unique circumstances and is burdened by this regulation in regards to the use of amiodarone and Lidocaine for our cardiac arrest patients.

As some background information, Wendover Ambulance is headquartered in West Wendover, Nevada and began business in 1987. We are an ALS Agency and operate Paramedics and AEMTs (Advance Emergency Medical Technicians) and EMTs (Emergency Medical Technicians). Like most other rural agencies in Nevada and in fact the whole country, recruitment and retention of Paramedics is difficult at best and so we operate with a combination of Paramedic and AEMT or Paramedic and EMT. Larger metropolitan cities have a larger tax base and are in a better position to pay large salaries to Paramedics and so it is extremely difficult for rural agencies to provide the advanced care that is just as needed in rural areas as in the cities. Many times, there will be a call for a second or third ambulance and so the subsequent ones will most likely only be staffed with AEMTs as the ALS provider. It is during these times that Wendover Ambulance needs the requested variance.

As some may already know, the state line between Wendover, Utah and West Wendover, Nevada bisects the two Cities and states of Nevada and Utah. This certainly causes some unique situations for our Agency. Because we provide Emergency Medical Services and Transportation to patients on both sides of the line, and transport to hospitals in the Salt Lake City area as well as Elko and Ely Nevada, we are licensed by the Nevada Department of Health as well as the Utah Department of Public Safety. All our Paramedics, AEMTs and EMTs are also licensed in each state.

Wendover is very rural, as the closest hospitals are more than 115 miles away – in any direction. We also cover the Ibapah Reservation 65 miles southeast of Wendover and it is considered a Frontier Area by HRSA. Each year Wendover Ambulance has approximately 950 to 1000 patient calls.

We are governed by the EMS regulations of each state -Nevada and Utah and for the most part they are similar, but a marked difference is the scope of practice of AEMTs. Utah has had a state EMS Medical Director, Dr. Peter Tailac since 2012 who has worked

with the Utah State EMS Committee and various sub committees to establish state-wide EMS Protocols. While the Utah Protocol - 2013 version was updated two years ago (2023), Wendover Ambulance is still utilizing the 2013 Wendover Ambulance Protocols version. Based on the Utah 2013 scope of practice for AEMTs these protocols allow for more medication in Cardiac Arrest / Shockable Rhythms than Nevada allows.

The current 2013 Wendover Ambulance Protocols allow AEMTs to administer Amiodarone and Lidocaine for patients in a shockable rhythm, however are not utilized because Nevada EMS requires that we have a variance from the Nevada Board Of Health for them. Our new proposed 2025 Wendover Ambulance Protocols will allow AEMTs the use of amiodarone and lidocaine for Pulseless Shockable Rhythms, Of course the implementation will all be done according to Agency Medical Direction and appropriate training, testing and quality assurance.

Our Medical Director wants us to follow the current 2013 Cardiac Arrest management protocols that we have had approved each year when our Agency renews its Permit. (A copy of the Protocol is attached) to be replaced by our proposed 2025 Wendover Ambulance Protocols. Because our AEMTs have not been utilizing this protocol, Dr. Gerard Doyle, our Medical Director has requested that we apply to the Nevada Board of Health for a variance to allow our AEMTs to utilize amiodarone and lidocaine and has had our Paramedic Training Officer develop a training plan, including certification in ACLS for all AEMTS, that he has approved (copy attached). We will continue to review calls with medication usage for Quality Assurance. Before implementation, all our AEMTs will have satisfactorily completed training including certification in ACLS and PALS, and will pass the examinations, both practical and didactic. All AEMTs will be individually approved by Dr. Doyle before they are allowed to follow the protocol. It should be noted that for more than 10 years our AEMTs all maintain ACLS (American Heart Advanced Cardiac Life Support) certification and PALS (Pediatric Advance Life Support) certification.

As of October 1, 2023, Nevada is part of the EMS Compact that encompasses more than 20 states. Utah has been a member of the Compact for many years. This Compact facilitates the day-to-day movement of EMS Personnel across state boundaries in the performance of their duties. It makes even more sense now that Wendover Ambulance update protocols, since the current protocols have been in place for the last 10 years.

Nevada State EMS has taken the stance that Agencies must adhere to the National EMS Scope of Practice Model. Initially published in 2007 it was revised in 2019 by the National Association of State EMS Officials (NAEMSO). It was developed to provide guidance for States when developing their own EMS scope of practice legislation, rules

and regulations. As we all know, it was meant to provide a minimum standard, not a maximum standard of care.

#### To sum it up:

- a. 1. Unique Wendover is very rural ambulance service with a service area more than 1,000 square miles serving the local population of approximately 7500 people that swells to double that on the weekends due to the casino industry. The closest hospitals are at least 115 miles away in any direction as well as the closest ALS ambulance companies. (Elko and Salt Lake City).
- a. 2. Effect on other persons (Agencies) Our variance request would not affect other persons subject to the regulation as we are only requesting Wendover Ambulance staff.
- a. 3. Unduly burdensome The current regulation burdens Wendover Ambulance, our community and our patients by limiting the level of service we can provide. The rural area and limited resources make the hiring of Paramedics difficult and AEMTs are limited in their scope of practice. Many of our second crew calls are only staffed with AEMTs.
- a. 4 Hardship Due to extended distances to hospitals and limited Paramedics, the
  patients who receive care in our area may be deprived of appropriate ACLS cardiac care.
- b. 1. Necessary Wendover Ambulance needs this variance to provide high quality cardiac care to appropriate patients and they have a right to expect that care.
- b. 2. The administration of Amiodarone and Lidocaine will not pose a danger to public health and safety. It would in fact do the opposite. Patients deserve to have appropriate healthcare and medications when they come to Wendover. All AEMTs are currently trained in the current ACLS and PALS guidelines, as well as additional Cardiac Arrest management training.

#### STATEMENT OF DEGREE OF RISK OF HEALTH:

Wendover Ambulance responds to approximately 1000 patient calls per year. Many of those calls include cardiac arrests. Many times, there are multiple calls at the same time with multiple crews transporting patients to hospitals. Without the immediate availability of paramedics, and subsequent administration of antiarrhythmics ( specifically Amiodarone and Lidocaine), patients will unnecessarily suffer decreased resuscitation options during treatment and transport to a helicopter and/or hospital.

#### AN EXCEPTIONAL AND UNDUE HARDSHIP RESULTS FROM STRICT APPLICATION OF THE REGULATION:

The difficulty in recruiting and retaining paramedics in our rural community causes hardship. The back-up AEMTs are unreasonably limited in the care they can offer for treatment of Pulseless, Shockable Cardiac Arrest.

#### THE VARIANCE, IF GRANTED WOULD NOT:

#### A. CAUSE SUBSTANTIAL DETRIMENT TO THE PUBLIC WELFARE.

Approval of this variance would not cause detriment to the public welfare; it would have the opposite effect and provide citizens and visitors with exceptional prehospital medical care. The potential for damage is mitigated through continual, thorough training.

#### B. IMPARE SUBSTANTIALLY THE PURPOSE OF THE REGULATION FROM WHICH THE APPLICANT SEEKS A VARIANCE.

The variance would not impair the purpose of the regulation. There have been updates to the NHTSA National Scope of Practice Model that now includes more **Medical Director Approved medications for AEMTs.** 

In conclusion, Wendover Ambulance believes this variance will allow our AEMTs to provide a higher level of care needed for our patients while maintaining the highest standards of training and compliance as well under the continued direction and support of our Medical Director.

Sincerely

Lauara Lisk President

Lanara Bisk

## Wendover Ambulance Verification of Protocols

as of 5-08-24 (last license renewal)
Will be updated for next license renewal 7-01-2025

#### VERIFICATION OF CURRENT PROTOCOLS

Pursuant to NAC 450B.505(2):

- 2. The medical director of a service or fire-fighting agency shall:
  - a. Establish medical standards which:
    - Are consistent with the national standard which is prepared by the National Highway Traffic Safety Administration of the United States Department of Transportation as a national standard for the level of service for which a permit is issued to the service or an equivalent standard approved by the administrator of the Division and which are approved by the board;
    - ii. Are equal to or more restrictive than the national standard prepared by the National Highway Traffic Safety Administration of the United States Department of Transportation or an equivalent standard approved by the Administrator of the Division and adopted by the state emergency medical system; and;
    - iii. Must be reviewed and maintained on file by the Division or a physician active in providing emergency care who is designated by the Division to review and make recommendations to the Division.
  - b. Direct the emergency care provided by any certified person who is actively employed by the service.

Date of Protocols currently in use: 6-01-2014

Medical Director who initiated Protocols: Dr. Gerard Doyle

Current Protocols on file: 06-01-2024

If the current Medical Director is NOT the Medical Director who initiated your protocols, please have the current Medical Director sign below indicating they have read and is in agreement with the protocols in use.

Lavaratisk

Medical Director (Print): Gerard Doyle

Date: 8 May 24

Agency Representative: Lauara Lisk

Date: 5-08-2024

## Wendover Ambulance Verification of Protocols as of 5-08-24 (last license renewal) Will be updated for next license renewal 7-01-2025

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(1) Are consistent with the	national standard which is prepared by the National Highway Traffic
Safety Administration of th	e United States Department of Transportation as a national standard
for the level of service for v	which a permit is issued to the service or an equivalent standard
approved by the Administr	ator of the Division and which are approved by the board;
(2) Are equal to or more re	strictive than the national standard prepared by the National Highway
Traffic Safety Administration	on of the United States Department of Transportation or an equivalent
standard approved by the a medical system; and	Administrator of the Division an adopted by the state emergency
(3) Must be reviewed and a	naintained on file by the Division or a physician active in providing
	ignated by the Division to review and make recommendations to the
Division.	
the service.	wided by any certified person who is actively employed by
Date of Protocols currently in use:	6-01-2014
Medical Director who initiated Pro	
Current Protocols on file: 06-01-	
protocols, please have the curre read and is in agreement with the	or is NOT the Medical Director who initiated your ent Medical Director sign below indicating they have ne protocols in use.
Gerard Doyle	e
Medical Director (Print) 8 May 24	Medical Director (Signature)
Lauara Lisk	Characast Mr.
Agency Representative (Print)	Agency Representative (Signature)

5-08-2024

Date



## Wendover Ambulance 2013 Protocols

West Wendover, Nevada

**Pulseless Arrest** 

v-fib

v-tach

#### PULSELESS ARREST: SHOCKABLE (VENTRICULAR FIBRILLATION or PULSELESS VENTRICULAR TACHYCARDIA)

#### **ALL PROVIDERS**

Focused history and physical exam

- Assess for presence of absence of a pulse.
- Determine probably rhythm ventricular fibrillation or pulseless ventricular tachycardia
- Assess blood glucose level.

Continuous ECG, ETCO2, and Pulse Oximetry monitoring when available

#### **Treatment Plan**

- Begin CPR
- Assume cardiac origins for all adult arrests unless evidence to the contrary. Consider underlying causes and treat when possible.
  - H's Hypovolemia, Hypoxia, Hydrogen ion (Acidosis), Hyper/hypokalemia, Hypothermia, Hypoglycemia
  - T's Toxins (Overdose), Tamponade (Cardiac), Tension Pneumothorax, Thrombosis (ACS or Pulmonary), Trauma

#### **Key Considerations**

- Assess for evidence that resuscitation should not be attempted.
- Pregnancy >20 weeks gestation 0 Place wedge-shaped cushion or multiple pillows under patient's right hip (L lateral decubitus position)
  - Transport these patients to the nearest emergency department without delay while attempting to provide continuous compressions and defibrillation, as there is a potential to perform emergency cesarean section.
- Treatment protocols from current nationally established cardiac care certification programs (e.g. ACLS, PALS) may be used in lieu of these resuscitation guidelines.
- AED is only to be used >1year of age. Use a pediactric system, if available, for ages 1 to 8 years old.
- Pediatric lowest acceptable systolic blood pressure are birth to 1 month = 60mmHg, 1 month to 1 year = 70mmHg, 1 year to 10 years is = 70mmHg + (age x 2) and over 10 years = 90mmHg.

#### **ADULT**

#### **EMT**

If arrest is witnessed

Defibrillate immediately if AED or manual defibrillator is available.

If **un-witnessed** or defibrillator is not immediately available.

- Begin high quality CPR (100 compressions per minute with minimal interruptions, 2 minute cycles)
- When AED arrives, attach to patient and defibrillate if a shock is advised

Resume CPR immediately after each shock and continue for 2 minutes or until asked to hold by the AED

Check pulse and assess rhythm/shock if advised after each 2 minutes cycle of compressions Place an NP or OP airway and a non-rebreather mask with high-flow oxygen during the first 2-3 cycles of CPR/defibrillation. After 2\*3 cycles apply asynchronous BVM breaths at a rate of 1 breath every 6-8 seconds

#### PEDIATRIC (<15 years of Age)

NOTE: Pediatric weight based dosing should not exceed Adult dosing.

#### **EMT**

If arrest is witnessed

 Defibrillate immediately if AED or manual defibrillator is available. 2 J/kg for the first attempt

If **un-witnessed** or defibrillator is not immediately available.

Begin high quality CPR

When AED arrives, attach to nation.

When AED arrives, attach to patient and defibrillate if a shock is advised

Resume CPR immediately after each shock and continue for 2 minutes (5 cycles) or until asked to hold by the AED

Check pulse and assess rhythm/shock if advised after each 2 minutes cycle of compressions

Place an NP or OP airway and apply asynchronous BVM breaths at a rate of 1 breath every 4-6 seconds

#### **AEMT**

Vascular access and fluid therapy per *IV-IO Access and Fluid Therapy Guidelines* 

Airway management as above with use of a supraglottic airway device instead of BVM, if available

**Defibrillation: 360 J** for a monophasic defibrillator or **200 J** for a biphasic

Resume CPR (2 minute cycle) immediately following shock delivery, then perform rhythm analysis

#### PERSISTENT OR RECURRENT VF/VT PRESENT

#### **Epinephrine**

- 1 mg (1:10,000) IV push
- Repeat every 3-5 minutes

#### **ANTIARRYTHMICS**

May use any **ONE** antiarrhythmic available, either amiodarone or lidocaine

#### **Amiodarone**

- 300 mg IV/IO for refractory VF/Pulseless Vtach
- Second dose is 150 mg IV/IO

#### Lidocaine

- 1-1.5 mg/kg IV/IO push or one time dose of 1.5 mg/kg
- May repeat every 3-5 min up to 3 mg/kg

#### **PARAMEDIC**

Consider endotracheal intubation

#### Vasopressin

- Give 40 units IV/IO in place of the 1<sup>st</sup> or 2<sup>nd</sup> dose of epinephrine.
- May be more effective than epinephrine in cases of beta blocker overdose

**Magnesium** – Give 1-2 gm IV over 2 minutes for Torsades de Pointes

#### **AEMT**

Advanced airway, vascular access and fluid therapy per *IV-IO* Access and Fluid Therapy Guidelines

**Defibrillation: 2 J/kg** for the first shock with either a monophasic or biphasic defibrillator. Second shock at **4 J/kg** and subsequent shocks at >4 J/kg to a maximum of 10 J/kg or the adult dose Resume CPR (2 minute cycle) immediately following shock delivery, then perform rhythm analysis

### PERSISTENT OR RECURRENT VF/VT PRESENT

#### **Epinephrine**

- 0.01 mg/kg = 0.1 ml/kg (1:10,000) IV or IO push
- Repeat every 3-5 minutes
- May repeat initial dose

#### **ANTIARRYTHMICS**

May use any **ONE** antiarrhythmic available, either amiodarone or lidocaine

#### **Amiodarone**

- 5 mg/kg IV/IO
- May repeat up to 2 times for refractory VF/pulseless VT
- Do not exceed 300 mg for Vfib/Pulseless Vtach

#### Lidocaine

- 1 mg/kg IV/IO
- May repeat every 3-5 minutes up to 3 mg/kg

#### **PARAMEDIC**

Consider endotracheal intubation

Vasopressin – Not recommended.

**Magnesium** – Give 25-50 mg/kg IV/IO for Torsades de Pointes. Maximum 2 grams



## Wendover Ambulance 2025 Protocols

West Wendover, Nevada
May 2025
Pending approval by Nevada EMS

**Pulseless Arrest** 

v-fib

v-tach

#### CARDIAC ARREST

#### ALL PROVIDERS/EMT

For Traumatic Arrest refer to General Trauma Management Guidelines Focused history and physical exam

Assess for evidence that resuscitation should not be attempted per the **Death Determination** Guideline.

Continuous ECG, ETCO2, and Pulse Oximetry monitoring when available

#### **Treatment Plan**

- Assess for presence of a pulse, respirations, and consciousness. If absent:
  - Begin chest compressions for 2 min
  - Apply AED and shock if advised.
  - AEMT/PM: Apply cardiac monitor/defibrillator and shock if Vtach/Vfib

#### **Key Considerations**

- Effective chest compressions are critical
  - o Consider ventilating adult patients with a pediatric BVM bag to avoid hyperinflation
  - Minimize interruptions in chest compressions
    - Precharge the defibrillator and countdown to rhythm check/defibrillation
    - Use a verbal 10 second countdown during any pause to limit hands-off time
  - Rate 100-120/min recommend metronome or CPR feedback
  - Depth: 2-2.5 inches (adult)/ 1/3 of chest depth (pediatric)
  - Allow full chest recoil after each compression
  - After each shock, immediately perform 2 minutes of chest compressions before checking rhythm/pulse
  - Rotate compressors every 2 minutes
  - If using mechanical CPR:
    - Apply device with minimum interruption in CPR
    - Check rhythm every 2 minutes. When an organized rhythm is present, check pulse (5 seconds only, use a verbal countdown)
    - Duration of resuscitation as below
- Consider the Pit Crew model as an approach to treatment
  - xPre-defined roles, as determined by a specific EMS agency, for members of an integrated team of first-responders, BLS, and ALS.
  - o Designated individuals for chest compressions
  - Designated individuals for overall code leadership/management
  - Designated individual for airway management
  - Additional roles to be assigned as determined by specific agency based on provider availability include: IO/IV access, medication administration, CPR quality monitoring, cardiac rhythm monitoring, defibrillation
  - Consider transition of roles as additional providers become available to ensure maximal use of resources
  - Treatment of the adult cardiac arrest patient in the field is preferred in the majority of cases and is associated with improved outcomes
  - Assume cardiac origins for all adult arrests unless evidence to the contrary. Consider underlying causes and treat them when possible.
  - Duration of resuscitation. Consider prolonged attempts in patients with an initial shockable rhythm and a witnessed collapse
  - o Initial shockable: <5% survival after 40 minutes of resuscitation attempt
  - Initial Asystole/PEA rhythms: <1% survival after 20 minutes of resuscitation attempt</li>
- **H's & T's –** Treat as appropriate with confirmed or suspected Hypovolemia, Hypoxia, Hydrogen ion (Acidosis), Hyperkalemia, Hypothermia, Hypoglycemia, or specific Toxins.

#### Pregnancy >20 weeks gestation

 Perform manual displacement of the uterus to the patients left. If unable to perform manual displacement, place wedge-shaped cushion or multiple pillows under patient's right hip to achieve 30 degree lateral tilt. • Transport pregnant patients to the nearest emergency department without delay while attempting to provide continuous compressions and defibrillation (if applicable). There is potential to perform an emergency cesarean section in the ED, which may save the fetus and the mother.

#### Pediatric Population

- Consider transport in pediatric arrest after 15 minutes of field resuscitation, including high-quality CPR, effective ventilations, and IV/IO access.
- Pediatric lowest acceptable systolic blood pressures are birth to 1 month = 60mmHg, 1 month to 1 year = 70mmHg, 1 year to 10 years = 70mmHg + (age x 2), >10 years = 90mmHg.

As nationally-established cardiac care guidelines (e.g. ACLS, PALS) are updated, these may be integrated into performance, as per agency medical director.

#### **ADULT**

#### **EMT**

#### AED

- Defibrillate immediately if AED advises shock.
- Resume CPR immediately after each shock and continue for 2 minutes
- Check pulse and repeat shock if prompted by AED

**Respiratory Management:** Use a 30:2 compressions to ventilations ratio

#### PEDIATRIC (<15 years of Age)

NOTE: Pediatric weight based dosing should not exceed Adult dosing.

#### **EMT**

#### AED

- Defibrillate immediately if AED advises shock
- Resume CPR immediately after each shock and continue for 2 minutes
- Check pulse and repeat shock if prompted by AED

#### **Respiratory Management:**

 Place an NP or OP airway and use a 30:2 compressions to ventilation ratio

#### **AEMT**

#### **ALL RHYTHMS**

- Begin CPR
- Vascular access and fluid therapy.
- Consider placement of a supragiottic device without interrupting CPR
- **Epinephrine:** 1 mg (10 ml of 0.1 mg/ml / 1:10,000) IV/IO push every 2-4 min as long as the patient remains pulseless. Note that better outcomes are observed with earlier administration of epinephrine, with epinephrine given via IV route, and with shorter dosing intervals (2 min)
- Unless a clear response to epinephrine is observed, consider a *limit of 3 total doses*.
- Consider NS 1000mL IV/IO bolus if hypovolemia suspected

#### SHOCKABLE RHYTHM (VF/VT) PRESENT

- Defibrillation
- 360 J for a monophasic defibrillator or 120-360 **J** for a biphasic, with escalating energy for subsequent shocks (Follow manufacturer's recommendations)
- Resume CPR immediately after shock and continue for 2 minutes
- Check rhythm and pulse every 2 min

## RESTRICTED FOR AEMT USE PENDING VARIANCE APPROVAL. PERMITTED FOR PARAMEDICS WITHIN SCOPE

- Anti-arrhythmics are indicated for shockable rhythms that are unresponsive to defibrillation
- May administer either **ONE** of these antiarrythmics:
- Amiodarone 300 mg IV/IO, second dose is 150 mg IV/IO after 5 min
- Contact OLMC before terminating resuscitative efforts in the field

#### **PARAMEDIC**

Anti-arrythmics are indicated for shockable rhythms that are unresponsive to defibrillation

- Lidoaine 1 mg/kg IV/IO/ET. May repeat every 3-5 min up as needed up to 3 mg/kg
  - Follow with continuous infusion (1 to 4 mg/minute) after return of perfusion.

#### **ALL RHYTHMS**

May consider endotracheal intubation, if unable to adequately ventilate with supraglottic airway, per Airway and Tracheostomy Management Guideline.

Intubation must not interfere with chest compressions

#### **AEMT**

#### **ALL RHYTHMS**

- Begin CPR
- BVM, supraglottic airway, vascular access and fluid therapy
  - **Epinephrine:** 0.01 mg/kg (0.1 mg/ml / 1:10,000) IV/IO every 2-4 min as long as the patient remains pulseless. Note that better outcomes are observed with earlier administration of epinephrine, with epinephrine given via IV route, and with shorter dosing intervals (every 2 min)
- Max dose = 1 mg (10ml)
- Unless a clear response to epinephrine is observed, consider a limit of 3 total doses.
- Consider NS 20 ml/kg IV/IO bolus if hypovolemia suspected reassess and repeat if needed to a Max of 60 mL/kg

#### SHOCKABLE RHYTHM (VF/VT) PRESENT

- Defibrillation
- 2 J/kg for the first shock with either a monophasic or biphasic defibrillator. Second and subsequent shocks increase by 2 J/kg, up to a max dose 10 J/kg
- Resume CPR immediately after shock and continue for 2 minutes
- Check rhythm and pulse every 2 min

## RESTRICTED FOR AEMT USE PENDING VARIANCE APPROVAL. PERMITTED FOR PARAMEDICS WITHIN SCOPE

- Anti-arrythmics are indicated for shockable rhythms that are unresponsive to defibrillation
- May administer either ONE these antiarrythmics:
- Amiodarone 5 mg/kg IV/IO (max 300 mg/dose). May repeat 2 more times every 5 min as néeded. (Total max 450 mg)
- Contact OLMC before terminating resuscitative efforts in the field

#### **PARAMEDIC**

Anti-arrythmics are indicated for shockable rhythms that are unresponsive to defibrillation

- Lidoaine 1 mg/kg IV/IO/ET. May repeat every 3-5 min up as needed up to 3 mg/kg

  Maintenance 20-50 mcg/kg/min

#### **ALL RHYTHMS**

May consider endotracheal intubation, in unable to adequately ventilate with BVM (preferred) or supraglottic airway, *per Airway and Tracheostomy Management Guideline*.

Intubation must not interfere with chest compressions

#### **Special Circumstances**

- Known or Suspected Hyperkalemia
  - Calcium Chloride 1 gram IV/IO over 2 min.
     May repeat every 5 min X2 <u>OR</u> Calcium
     Gluconate 3 grams IV/IO over 2 min
     Sodium Bicarbonate 1 mEq/kg IV/IO may
     repeat every 5 min X2
     Polymorphic VT associated with long QT
     Magnesium 2 gm IV/IO over 2 min

Contact OLMC for further orders or therapies

#### **Special Circumstances**

- Calciumstances
   Known or Suspected Hyperkalemia
   Calcium Chloride 20 mg/kg IV/IO may repeat in 10 min (max 2 grams) <u>OR</u>

   Calcium Gluconate 100 mg/kg may repeat in 10 min (max 3 grams)

   Sodium Bicarbonate 1 mEq/kg IV/IO (Max of 50 mEq). For <2 years of age 4.2% concentration.</li>
- Polymorphic VT associated with long QT

  Magnesium 50 mg/kg (Max = 2,000 mg)

  IV/O over 2 min

Contact OLMC for further orders or therapies



# Wendover Ambulance 2013 Protocols

West Wendover, Nevada

**Pulseless Arrest** 

v-fib

v-tach

#### PULSELESS ARREST: SHOCKABLE (VENTRICULAR FIBRILLATION or PULSELESS VENTRICULAR TACHYCARDIA)

#### ALL PROVIDERS

- Focused history and physical exam
  - Assess for presence or absence of a pulse.
  - Determine probable rhythm ventricular fibrillation or pulseless ventricular tachycardia
  - · Assess blood glucose level.
- Continuous ECG, ETCO2, and pulse oximetry monitoring when available
- □ Treatment Plan
  - Begin CPR
  - Assume cardiac origins for all adult arrests unless evidence to the contrary. Consider underlying causes and treat when possible.
    - H's Hypovolemia, Hypoxia, Hydrogen ion (Acidosis), Hyper/hypokalemia, Hypothermia, Hypogylcemia
    - T's Toxins (Overdose), Tamponade (Cardiac), Tension Pnemothorax, Thrombosis (ACS or Pulmonary), Trauma

#### □ Key Considerations

- · Assess for evidence that resuscitation should not be attempted.
- Pregnancy >20 weeks gestation Place wedge-shaped cushion or multiple pillows under patient's right hip (L lateral decubitus position)
  - Transport these patients to the nearest emergency department without delay while attempting to
    provide continuous compressions and defibrillation, as there is a potential to perform emergency
    cesarean section
- Treatment protocols from current nationally established cardiac care certification programs (e.g. ACLS, PALS) may be used in lieu of these resuscitation guidelines.
- AED is only to be used > 1 year of age. Use a pediatric system, if available, for ages 1 to 8 years old.
- Pediatric lowest acceptable systolic blood pressures are birth to 1 month = 60mmHg, 1 month to 1 year = 70mmHg, 1 year to 10 years is = 70mmHg + (age x 2) and over 10 years = 90mmHg.

#### **ADULT**

#### **EMT**

#### ☐ If arrest is witnessed

- Defibrillate immediately if AED or manual defibrillator is available.
- If un-witnessed or defibrillator is not immediately available.
  - Begin high quality CPR (100 compressions per minute with minimal interruptions, 2 minute cycles)
  - When AED arrives, attach to patient and defibrillate if a shock is advised
- Resume CPR immediately after each shock and continue for 2 minutes or until asked to hold by the AED
- Check pulse and assess rhythm / shock if advised after each 2 minutes cycle of compressions
- Place an NP or OP airway and a non-rebreather mask with high-flow oxygen during the first 2-3 cycles of CPR/defibrillation. After 2-3 cycles apply

#### PEDIATRIC (<15 years of Age)

NOTE: Pediatric weight based dosing should not exceed Adult dosing.

#### **EMT**

#### ☐ If arrest is witnessed

- Defibrillate immediately if AED or manual defibrillator is available. 2 J/kg for the first attempt
- If un-witnessed or defibrillator is not immediately available.
  - Begin high quality CPR
  - When AED arrives, attach to patient and defibrillate if a shock is advised
- Resume CPR immediately after each shock and continue for 2 minutes (5 cycles) or until asked to hold by the AED
- Check pulse and assess rhythm / shock if advised after each 2 minutes cycle of compressions
- Place an NP or OP airway and apply asynchronous BVM breaths at a rate of 1 breath every 4-6 seconds

asynchronous BVM breaths at a rate of 1 breath every 6-8 seconds

#### AEMT

- Vascular access and fluid therapy per IV-IO Access and Fluid Therapy Guidelines
- Airway management as above with use of a supraglottic airway device instead of BVM, if available
- Defibrillation: 360J for a monophasic defibrillator or 200J for a biphasic
- Resume CPR (2 minute cycle) immediately following shock delivery, then perform rhythm analysis

#### PERSISTENT OR RECURRENT VF/VT PRESENT

- Epinephrine
  - 1 mg (1:10,000) IV push
  - Repeat every 3-5 minutes

#### **ANTIARRHYTHMICS**

- May use any ONE antiarrhythmic available, either amiodarone or lidocaine
- ☐ Amiodarone
  - 300mg IV/IO for refractory VF/pulseless Vtach
  - Second dose is 150mg IV/IO
- □ Lidocaine
  - 1-1.5 mg/kg IV/IO push or one time dose of 1.5 mg/kg
  - · May repeat every 3-5 min up to 3 mg/kg

#### **PARAMEDIC**

- Consider endotracheal intubation
- □ Vasopressin
  - Give 40 units IV/IO in place of the 1<sup>st</sup> or 2<sup>nd</sup> dose of epinephrine.
  - May be more effective than epinephrine in cases of beta blocker overdose
- Magnesium Give 1-2gm IV over 2 minutes for Torsades de Pointes

#### AEMT

- Advanced airway, vascular access and fluid therapy per IV-IO Access and Fluid Therapy Guidelines
- □ Defibrillation: 2 J/kg for the first shock with either a monophasic or biphasic defibrillator. Second shock at 4J/Kg and subsequent shocks at ≥4J/Kg to a maximum of 10J/Kg or the adult dose
- Resume CPR (2 minute cycle) immediately following shock delivery, then perform rhythm analysis

#### PERSISTENT OR RECURRENT VF/VT PRESENT

- 2 Epinephrine
  - 0.01 mg/kg = 0.1 ml/kg (1:10,000) IV or IO push
  - Repeat every 3-5 minutes
  - May repeat initial dose

#### **ANTIARRHYTHMICS**

- May use any ONE antiarrhythmic available, either amiodarone or lidocaine
- □ Amiodarone
  - 5mg/kg IV/IO
  - May repeat up to 2 times for refractory VF/pulseless VT
  - Do not exceed 300mg for VFib/Pulseless Vtach
- □ Lidocaine
  - 1 mg/kg IV/IO
  - May repeat every 3-5 minutes up to 3 mg/kg

#### PARAMEDIC

- Consider Endotracheal Intubation
- □ Vasopressin Not Recommended.
- Magnesium Give 25-50mg/kg IV/IO for Torsades de Pointes. Maximum 2grams



# Wendover Ambulance 2025 Protocols

West Wendover, Nevada

May 2025

Pending approval by Nevada EMS

**Pulseless Arrest** 

v-fib

v-tach

#### CARDIAC ARREST

#### ALL PROVIDERS / EMT

For Traumatic Arrest refer to General Trauma Management Guidelines

- ☐ Focused history and physical exam
  - Assess for evidence that resuscitation should not be attempted per the Death Determination Guideline.
- ☐ Continuous ECG, ETCO2, and Pulse Oximetry monitoring when available
- ☐ Treatment Plan
  - Assess for presence of a pulse, respirations, and consciousness. If absent:
    - Begin chest compressions for 2 min
    - Apply AED and shock if advised.
    - AEMT/PM: Apply cardiac monitor/defibrillator and shock if Vtach/Vfib
- ☐ Key Considerations
  - Effective chest compressions are critical
    - Consider ventilating adult patients with a pediatric BVM bag to avoid hyperinflation
    - Minimize interruptions in chest compressions
      - Precharge the defibrillator and countdown to rhythm check/defibrillation
      - Use a verbal 10 second countdown during any pause to limit hands-off time
    - Rate: 100-120/min recommend metronome or CPR feedback
    - O Depth: 2-2.5 inches (adult) / 1/3 of chest depth (pediatric)
    - o Allow full chest recoil after each compression
    - After each shock, immediately perform 2 minutes of chest compressions before checking rhythm/pulse
    - o Rotate compressors every 2 minutes
    - If using mechanical CPR:
      - Apply device with minimum interruption in CPR
      - Check rhythm every 2 minutes. When an organized rhythm is present, check pulse(5 seconds only, use a verbal countdown)
      - Duration of resuscitation as below
  - Consider the Pit Crew model as an approach to treatment
    - Pre-defined roles, as determined by a specific EMS agency, for members of an integrated team of first responders, BLS, and ALS.
    - o Designated individuals for chest compressions
    - Designated individual for overall code leadership/management
    - o Designated individual for airway management

- Additional roles to be assigned as determined by specific agency based on provider availability include: IO/IV access, medication administration, CPR quality monitoring, cardiac rhythm monitoring, defibrillation
- Consider transition of roles as additional providers become available to ensure maximal use of resources
- Treatment of the adult cardiac arrest patient in the field is preferred in the majority of cases and is associated with improved outcomes
- Assume cardiac origins for all adult arrests unless evidence to the contrary. Consider underlying causes and treat them when possible.
- Duration of resuscitation. Consider prolonged attempts in patients with an initial shockable rhythm and a witnessed collapse
- o Initial shockable: <5% survival after 40 minutes of resuscitation attempt
- o Initial Asystole/PEA rhythms: <1% survival after 20 minutes of resuscitation attempt
- H's & T's Treat as appropriate with confirmed or suspected Hypovolemia, Hypoxia, Hydrogen ion (Acidosis), Hyperkalemia, Hypothermia, Hypoglycemia, or specific Toxins.
- ☐ Pregnancy >20 weeks gestation
  - Perform manual displacement of the uterus to the patients left. If unable to perform manual displacement, place wedge-shaped cushion or multiple pillows under patient's right hip to achieve 30 degree lateral tilt.
  - Transport pregnant patients to the nearest emergency department without delay while attempting to provide continuous compressions and defibrillation (if applicable). There is potential to perform an emergency cesarean section in the ED, which may save the fetus and the mother.
- Pediatric Population
  - Consider transport in pediatric arrest after 15 minutes of field resuscitation, including high-quality CPR, effective ventilations, and IV/IO access.
  - Pediatric lowest acceptable systolic blood pressures are birth to 1 month = 60mmHg, 1 month to 1 year = 70mmHg, 1 year to 10 years = 70mmHg + (age x 2), >10 years = 90mmHg.
- ☐ As nationally-established cardiac care guidelines (e.g. ACLS, PALS) are updated, these may be integrated into performance, as per agency medical director.

#### **ADULT**

#### EMT

#### □ AED

- Defibrillate immediately if AED advises shock
- Resume CPR immediately after each shock and continue for 2 minutes
- Check pulse and repeat shock if prompted by AED
- ☐ Respiratory Management: Use a 30:2 compressions to ventilations ratio

#### **AEMT**

#### **ALL RHYTHMS**

- Begin CPR
- Vascular access and fluid therapy.

Wendover Ambulance 2025 Protocols West Wendover, NV Revised 5-01-2025

### PEDIATRIC (<15 years of Age) NOTE: Pediatric weight based dosing should not

NOTE: Pediatric weight based dosing should not exceed adult dosing.

#### EMT

#### AED

- Defibrillate immediately if AED advises shock
- Resume CPR immediately after each shock and continue for 2 minutes
- Check pulse and repeat shock if prompted by AED

#### ☐ Respiratory Management:

 Place an NP or OP airway and use a 30:2 compressions to ventilation ratio

#### AEMT

#### ALL RHYTHMS

- Begin CPR
- BVM, supraglottic airway, vascular access and fluid therapy

29

- Consider placement of a supraglottic device without interrupting CPR
- Epinephrine: 1 mg (10 ml of 0.1 mg/ml/1:10,000) IV/IO push every 2-4 min as long as the patient remains pulseless. Note that better outcomes are observed with earlier administration of epinephrine, with epinephrine given via IV route, and with shorter dosing intervals (every 2 min)
- Unless a clear response to epinephrine is observed, consider a *limit of 3 total doses*.
- Consider NS 1000 mL IV/IO bolus if hypovolemia suspected

#### SHOCKABLE RHYTHM (VF/VT) PRESENT

- Defibrillation
- 360J for a monophasic defibrillator or 120-360J for a biphasic, with escalating energy for subsequent shocks (Follow manufacturer's recommendations)
- Resume CPR immediately after shock and continue for 2 minutes
- Check rhythm and pulse every 2 min

RESTRICTED FOR AEMT
USE PENDNG VARIANCE
APPROVAL. PERMITTED
FOR PARAMEDICS
WITHIN SCOPE

- Anti-arrhythmics are indicated for shockable rhythms that are unresponsive to defibrillation
- May administer either ONE of these anti-arrhythmics:
- Amiodarone 300 mg IV/IO, second dose is 150 mg IV/IO after 5 min
- Contact OLMC before terminating resuscitative efforts in the field PARAMEDIC

- Epinephrine: 0.01 mg/kg (0.1 mg/ml / 1:10,000) IV/IO every 2-4 min as long as the patient remains pulseless. Note that better outcomes are observed with earlier administration of epinephrine, with epinephrine given via IV route, and with shorter dosing intervals (every 2 min)
- o Max dose = 1 mg (10 ml)
- Unless a clear response to epinephrine is observed, consider a limit of 3 total doses.
- Consider NS 20 ml/kg IV/IO bolus if hypovolemia suspected, reassess and repeat if needed to a Max of 60 mL/kg

#### SHOCKABLE RHYTHM (VF/VT) PRESENT

- Defibrillation
- 2 J/kg for the first shock with either a monophasic or biphasic defibrillator. Second and subsequent shocks increase by 2 J/kg, up to a max dose 10 J/kg
- Resume CPR immediately after shock and continue for 2 minutes
- Check rhythm and pulse every 2 min

RESTRICTED FOR AEMT USE
PENDNG VARIANCE
APPROVAL. PERMITTED
FOR PARAMEDICS WITHIN
SCOPE

- Anti-arrhythmics are indicated for shockable rhythms that are unresponsive to defibrillation
- May administer either ONE these antiarrhythmics:
- Amiodarone 5 mg/kg IV/IO (max 300mg/dose). May repeat 2 more times every 5 min as needed. (Total max 450mg)
- Contact OLMC before terminating resuscitative efforts in the field

- ☐ Anti-arrhythmics are indicated for shockable rhythms that are unresponsive to defibrillation
  - Lidocaine 1 mg/kg IV/IO/ET. May repeat every 3-5 min up as needed up to 3 mg/kg.
    - Follow with continuous infusion (1 to 4 mg/minute) after return of perfusion.
- ☐ Anti-arrhythmics are indicated for shockable rhythms that are unresponsive to defibrillation
  - Lidocaine 1 mg/kg
     IV/IO/ET. May repeat every
     3-5 min up to 3 mg/kg.
    - Maintenance 20-50 mcg/kg/min

#### **PARAMEDIC**

#### **ALL RHYTHMS**

- May consider endotracheal intubation, if unable to adequately ventilate with supraglottic airway, per Airway and Tracheostomy Management Guideline.
- ☐ Intubation must not interfere with chest compressions.
- ☐ Special Circumstances
  - Known or Suspected Hyperkalemia
    - O Calcium Chloride 1 gram IV/IO over 2 min. May repeat every 5 min X2
      OR Calcium Gluconate 3 grams
      IV/IO over 2 min
    - Sodium Bicarbonate 1 mEq/kg IV/IO may repeat every 5 min X2
  - Polymorphic VT associated with long QT
    - o Magnesium 2 gm IV/O over 2 min
- Contact OLMC for further orders or therapies

#### **PARAMEDIC**

#### **ALL RHYTHMS**

- May consider endotracheal intubation, if unable to adequately ventilate with BVM (preferred) or supraglottic airway, per Airway and Tracheostomy Management Guideline.
- ☐ Intubation must not interfere with chest compressions.
- ☐ Special Circumstances
  - Known or Suspected Hyperkalemia
    - Calcium Chloride 20 mg/kg IV/IO may repeat in 10 min (max 2 grams) OR Calcium Gluconate 100 mg/kg IV/IO may repeat in 10 min (max 3 grams)
    - Sodium Bicarbonate 1 mEq/kg IV/IO (Max of 50 mEq). For <2 years of age use 4.2% concentration.
  - Polymorphic VT associated with long QT
    - Magnesium 50 mg/kg (Max = 2,000 mg) IV/O over 2 min
- Contact OLMC for further orders or therapies

# Letters of Support

Agency Medical Director

Utah State EMS Medical Director

Utah Bureau of EMS

Bobbie Sullivan
Program Manager, Emergency Medical Services Program
Division of Public and Behavioral Health
Nevada Department of Health and Human Services
4126 Technology Way, STE 100
Carson City, NV 89706

#### Dear Ms. Sullivan:

I am writing to express my unequivocal support for the variance requests for EMS protocols by the Wendover Ambulance service. Specifically, I have been the volunteer EMS director for Wendover Ambulance for over 10 years, and also am faculty at one of their primary (if not their only) receiving facilities.

As you know, Wendover serves a large rural catchment area with essentially no local healthcare support, and no local hospital. They rely heavily on critical care air medical transport rendezvouses because of this, and additionally, because of limited support available locally, this service is the only option for early institution of relatively advanced medical interventions in time critical illnesses such as trauma, shock states, cardiac arrest, seizures and acute behavioral emergencies. The variances that are being requested are essential for this care. In addition, these requests are well within the scope of practice according to Utah guidelines and we have the endorsement of Dr. Peter Taillac, the current EMS Medical Director for the State of Utah, for these protocols.

From my standpoint as a physician, there is an excellent evidence-base in the medical literature for the prehospital use of medications and protocols discussed in these requests.

For instance, American Epilepsy Society guidelines recommends that EMS personnel use midazolam, (or lorazepam or diazepam) as first-line treatment for status epilepticus. Additionally, an overwhelming majority of patients with status epilepticus did not receive adequate treatment. Higher midazolam doses were not associated with respiratory harm, and patients do not derive clinical benefit despite the risks of prolonged seizures. Wendover also has limited law enforcement response for behavioral emergencies and EMS crews can be at risk from agitated patients for behavioral emergencies and EMS crews can be at risk from agitated patients; a midazolam protocol for prehospital agitation will be associated with reduced agitation and a low rate of adverse events, as reported by other EMS system.

Other medications requested by Wendover in these variances have similar support, and given the unique logistical and other factors demand serious consideration for adaptation. As their medical director, I will ensure that these protocols utilize continuous monitoring of oxygen saturation,

blood pressure and heart rate when those medications are administered. This will allow crews to frequently reassess patients. Finally, several protocols will require online medical control (done via radio to the University of Utah ED physicians on duty) as well as documentation of use and dose, time, and patient response to each administration for later case review by me and Wendover personnel.

I look forward to hearing any thoughts, questions or comments you have regarding these variances and trust that we can ensure the best care for the residents of the Wendover area and it's many visitors.

Sincerely,

Gerard Doyle, MD MPH

May 16, 2025

To: Secretary, State Board of Health Division of Public and Behavioral Health 4150 Technology Way, Suite 300 Carson City, NV 89706

Re: Support for Wendover Ambulance Variance Request to Allow Amiodarone and Lidocaine to be Administered by Advanced EMTs Under Medical Director-Approved Protocol

As the Utah State EMS Medical Director, I would like to lend my strong support to Wendover Ambulance in seeking a Nevada variance to allow Advanced EMTs (AEMTs) to administer amiodarone and lidocaine to cardiac arrest patients, under a protocol approved by their medical director.

Wendover Ambulance does not always have a paramedic on duty and in many cases their patients are cared for and transported by AEMTs. Their transport times are long, as their nearest hospital is over 100 miles away. Cardiac arrest patients should be afforded appropriate medical care en route to the hospital. These medications are used to prevent lethal arrythmias that can cause a re-arrest in these patients.

Utah has allowed AEMTs to safely administer amiodarone and lidocaine for over 15 years. Such administration is reflected in our Utah State EMS Protocol Guidelines<sup>1</sup>. Essentially all of our rural EMS agencies allow this in their local protocols. Over this extended period, we have had no issues with inappropriate or unsafe administration of amiodarone or lidocaine by trained AEMTs.

As of 2019, the National Highway Traffic Administration National EMS Scope of Practice Model has allowed administration of "Medical Director-Approved Medications." The administration of intravenous amiodarone and lidocaine is within the national scope of practice for AEMTs and is thus allowed by most states.

I fully support and recommend approval of this Nevada variance for Wendover Ambulance to allow AEMTs to administer amiodarone and lidocaine under a medical director-approved protocol. I am available at any time for questions regarding this issue: <a href="mailto:ptaillac@utah.gov">ptaillac@utah.gov</a> / 801-803-3217

Peter Taillac, MD, FACEP, FAEMS Medical Director Office of Emergency Medical Services and Preparedness Department of Health and Human Services

- 1. <a href="https://ems.utah.gov/operations-and-response/ems-operations/medical-directionems-protocol-guidelines/">https://ems.utah.gov/operations-and-response/ems-operations/medical-directionems-protocol-guidelines/</a>
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4/28/2025

To Whom It May Concern,

The Bureau of Emergency Medical Services offers out full endorsement for Wendover Ambulance's initiative to permit Advanced Emergency Medical Technicians (AEMTs) to administer Amiodarone and Lidocaine in accordance with the 2023 Utah EMS Protocol Guidelines.

Amiodarone or Lidocaine are the recommended antiarrhythmic for refractory ventricular fibrillation (VF) and pulseless ventricular tachycardia (VT), two of the most serious cardiac arrest rhythms. Early access to these medications increase the likelihood of successful resuscitation and improves the chances for return of spontaneous circulation (ROSC).

Wendover Ambulance's AEMTs are well-trained in cardiac arrest management and are operating in an environment where rapid transport to definitive care may be prolonged. Allowing AEMTs to administer Amiodarone or Lidocaine during cardiac arrest will significantly enhance their ability to stabilize patients during these critical moments.

We trust Wendover Ambulance's leadership and training program to ensure appropriate education, skill verification, and OLMC oversight. The Bureau of EMS strongly supports this request to improve lifesaving capabilities in Wendover's prehospital care system.

Respectfully,
Mark Herrera
EMS Ed., Rural Outreach, & SSoC Program Manager
Utah Bureau of EMS
801-232-9138
markherrera@utah.gov
ems.utah.gov

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1 May, 2025

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Department of Public Safety

JESS L. ANDERSON Commissioner

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Peter Tailla MD, FACEP, FAEMS

Medical Director

Office of Emergency Medical Services and Preparedness

Department of Health & Human Services

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Respectfully,



MARK HERRERA

EMS Ed., Rural Outreach, & SSoC Program Manager

Utah Bureau of EMS

**③** 801-232-9138

markherrera@utah.gov

🕮 ems.utah.gov

# Wendover Ambulance service area map Utah and Nevada



#### Wendover Ambulance Service area:

West -MM 380 I-80 - 1/2 way to Wells, NV

North - SR 233 to Montello , NV

North - Pilot Mtn Rd. to Lucin, UT

South − Alt 93 Loges Junction − ½ way to Ely, NV

South - Alt 93, NV to Ibapah Rd, UT

East – mm 56 I-80 – ½ way to Tooele, UT

# Wendover Ambulance Lesson Plan

Amiodarone / Lidocaine

#### WENDOVER AMBULANCE LESSON PLAN

#### **ANTI-ARRYTHMICS-AMIODARONE AND LIDOCAINE**

<u>PURPOSE:</u> TO FAMILIARIZE ADVANCED EMTS ON THE PROPER ADMINISTRATION AND UTILIZATION OF AMIODARONE AND LIDOCAINE. THIS WILL BE ACCOMPLISHED BY SYNCHRONUS AND ASYNCHRONUS TRAINING, ONLINE TESTING AND IN PERSON SKILLS TESTING

**LESSON PLAN:** Will review the following information regarding the use of AMIODARONE AND LIDOCAINE

- 1. Breakdown of pathophysiology of medication
  - Including how AMIODARONE AND LIDOCAINE effects the cardiovascular system
- 2. Appropriate uses for AMIODARONE AND LIDOCAINE
  - a. Review of the following protocols:
    - i. Cardiac Arrest
- 3. Review of Potential Adverse Effects of AMIODARONE AND LIDOCAINE
  - a. Cardiac Arrythmias
  - b. Hypotension
- 4. Management of Potential Adverse Effects of AMIODARONE AND LIDOCAINE
  - a. Airway management including BVM if necessary
  - b. Hemodynamic management with appropriate fluids
- 5. Required Patient monitoring after administration
  - a. ETCO2
  - b. Blood Pressure
  - c. SPO2
  - d. 4-Lead Cardiac Monitoring
- 6. Review of physical administration
  - a. Dosing
  - b. Concentration
  - c. Physical practice of drawing
  - d. Safe IV medication administration
- 7. Testing- Students will be required to pass Didactic and Psychomotor testing at 80% or higher
  - a. Written test reviewing
    - i. Action
    - ii. Indications
    - iii. Contraindications
    - iv. Side Effects
    - v. Dosing

- vi. Adverse Reaction Management
- vii. Patient Scenarios where AMIODARONE AND LIDOCAINE may or may not be appropriate for use

#### b. Psychomotor Testing to include

- i. Patient Scenarios
  - 1. Appropriate for using AMIODARONE AND LIDOCAINE
  - 2. Inappropriate for using AMIODARONE AND LIDOCAINE
  - 3. Management of adverse effects •
- c. Advanced Cardiac Life Support and Pediatric Advanced Life Support Training - AEMTS will be required to hold AHA ACLS and PALS certifications by December 31, 2025
  - i. Can be accomplished by
    - 1. In Person Training Class
    - 2. Online didactic with in person skills pass off

#### Wendover Ambulance Lesson Plan

Amiodarone / Lidocaine

#### WENDOVER AMBULANCE LESSON PLAN

#### Anti-Arrythmics - Amiodarone and Lidocaine

PURPOSE: TO FAMILIARIZE ADVANCED EMTS ON THE PROPER ADMINISTRATION AND UTILIZATION OF AMIODARONE AND LIDOCAINE. THIS WILL BE ACCOMPLISHED BY SYNCHRONUS AND ASYNCHRONUS TRAINING, ONLINE TESTING AND IN PERSON SKILLS TESTING

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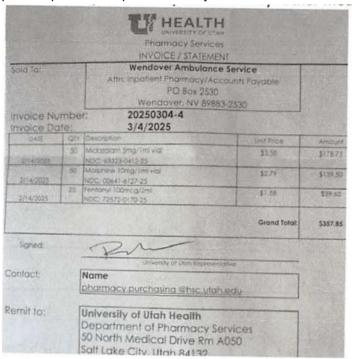
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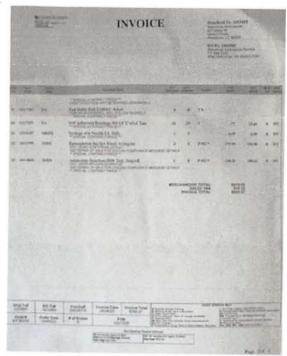
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     certifications by December 31, 2025
    - i. Can be accomplished by
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## Wendover Ambulance

Narcotics and Medication handling

Narcotics are purchased through the U of U Hospital in-house pharmacy with RX from Medical Control – Dr. Doyle and picked up at the hospital Pharmacy. Other medications from vendor Henry Schein with a RX on file from Dr. Doyle:





Medications are logged and marked with a consecutive numbered tag:



Then they are put into the big safe in Manager's Office:



When medication is moved from big safe, to small safe, the following record is kept:



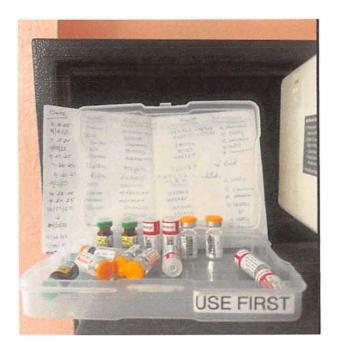
Record keeping and audits are integral to a successful program. Once the narcotics are delivered to Wendover, they are logged and kept in the Big Safe that is in the Manager's office. Only two people have access to that safe – the Owner, Lauara Lisk and Operations Manager Darin Hanson. The door lock to the Owner's office is an electronic lock and has limited access by Owner and Managers. Ambulances are equipped with small combo safes that are attached to the wall.

There is a smaller safe in the manager's office that is bolted to the wall and has a limited amount of controlled substance for use to re-stock the ambulances after a call when Lauara or Darin are not available. Only three crew leads have the combination to this safe:





When Crew Leaders take medications from the small safe, the following documentation is done:



All ambulances have combination lock safes for the controlled substances, dangerous drugs:

These are the individual locked boxes for controlled Substances that are in each ambulance lock safe:





#### Medications are logged as seen here:



#### Crew on-scene bag with AEMT medications:



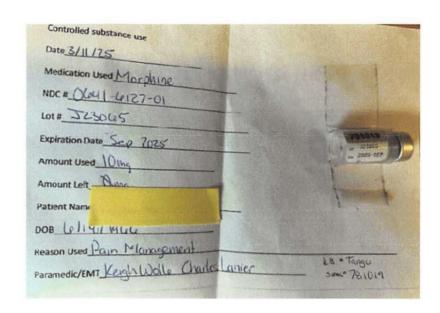


Inside the AEMT medications bag with control log:



In our ambulance bay we have a small safe that is bolted to the wall for the used/wasted medications that we track and account for. The used vial is taped to a control form with the patient and call info and deposited into that wall safe. Every couple of weeks the contents are taken out, the vial removed and the forms scanned to records systems. The vials are then disposed of by either Lauara or Darin at the University of Utah Hospital Pharmacy used medications depository.





Office Security - electronic lock to Owner's Office:



#### NAC 450B.461 Restrictions on authority to administer

Licensed Ambulance equipment and supply list from NV EMS website

#### **CONTROLLED SUBSTANCES AND DANGEROUS DRUGS**

NAC 450B.461 Restrictions on authority to administer. (NRS 450B.120, 450B.180, 450B.1915, 450B.197, 453.375, 454.213)

- 1. No paramedic may administer any controlled substance as defined in the preliminary chapter of NRS to a patient while serving as an attendant in a service <u>unless</u> the controlled substance is named on the inventory of medication issued by the medical director of the service and:
- (a) An order is given to the paramedic by a physician or a registered nurse supervised by a physician; or
- (b) The paramedic is authorized to administer the controlled substance pursuant to a written protocol that is approved by the medical director of the service and on file with the Division.
- 2. No advanced emergency medical technician or paramedic may administer any dangerous drug while serving as an attendant in a service <u>unless</u> the dangerous drug is named on the inventory of medication issued by the <u>medical director</u> of the service and:
- (a) An order is given to the advanced emergency medical technician or paramedic by a physician or a registered nurse supervised by a physician; **or**
- (b) The advanced emergency medical technician or paramedic <u>is authorized</u> to administer the drug <u>pursuant to a written protocol</u> that is approved by the <u>medical director</u> of the service and <u>on file with the Division</u>.
- 3. An emergency medical technician shall not administer or assist in administering any dangerous drug.
  - 4. As used in this section, "dangerous drug" has the meaning ascribed to it in NRS 454.201.

(Added to NAC by Bd. of Health, eff. 8-1-91; A by R182-01, 3-5-2002; R024-14, 10-24-2014; R068-16, 1-27-2017)

**Note added by applicant**: Protocol verification and approval signed by medical director and provided with annual permit renewal.

# State of Nevada EMS Program Inspection Form AMBULANCE UNIT

Permit No.	Agency Name									Level		
										Unit #		
Year	Make	Туре	Color		License # Vin/Serial #				Insp. Date		Date	
Type of Insp	Retu	urn to						Odometer				
New R	egular	Corrective	Serv				ent of					
				Ba	sic Li	ife Sι	upport					
Airway/Ventilation			Min.	Y/N	Cat. Dressing		ng	Min.	Y/N	Cat.		
Fixed Oxygen (500 lbs. min.)			1		Α	ABD- Trauma Dressings			2		Α	
Portable Oxygen (500 lbs. min.)			1		Α	4x4's			20		Α	
Adult Nasal Cannula			4		Α	5x9's or equiv.			5		Α	
Child & Infant Nasal Cannula **			2			Triangular Bandage			2		В	
Adult Non Re	ebreather Ma	ask	4		Α	Roller Gauze			4		Α	
Child Non Rebreather Mask			2		Α	Occlusive Dressing			2		Α	
Infant Non Rebreather Mask **			2				Dressing Various S		2		Α	
O	Bag Valve Mask with O2 Reservoir						Hypoallergenic Va		2		В	
Adult & Child			1ea 1ea		Α	Surviv	/al/Thermal Blanke		1			
OPA's Size (	OPA's Size 0 - 5 / equiv.				Α	Patient Assessme			ent			
NPA's 16F - 34F / equiv.			1ea		Α	AED or SAED with Adult & Pedi Pads			1		Α	
Fixed Suction			1		Α	Adult BP Cuff			1		Α	
Portable Suction / battery operated			1		Α	Pulse Ox with Adult & Pedi Probes **			1			
Tonsillar Suction			2		Α	Child BP Cuff			1		Α	
Suction Tubing			2		Α	Infant BP Cuff **			1			
Flexible Suction Cath. W/ airflow ctrl			2		В	Adult Stethoscope			1		Α	
Bulb Syringe not in OB Kit			1		В		tric Stethoscope	**	1			
	/ices				lashlight		1		В			
Backboard Impervious			2		Α	Thermometer 1				В		
KED or equiv.		1		Α	Obstetrical/Child			ld				
Straps (3 per Board ) / Spider Straps		2		Α	Obstetrical Kit (sterile)			2		Α		
C-Collars (	C-Collars ( Adult-Tall,Reg,No-Neck					Infant	Swaddler		2		В	
Short,Pedi, No-Neck or Adjustable)		2ea		Α	Curre	nt Broselow Tape	or equiv.	1		В		
Adult & Pedi Traction Splint		1		Α	Meconium Aspirator **			1				
Pediatric Backboard **		1			Infant Warming Device **			1				
Head Immob			2		Α	Child	Restraint System	**	1			
Splints for Ex	xtremities / A	rms & Legs	2ea		В							
				Mis			s Items					
PPE Gowns,	, Glasses, Gl	oves etc.	2		Α	Tourn	•		1		В	
Drinking Wa			1			Ring Cutter **		1				
Hot & Cold Packs			2		В	Supply of Clean Linen			2		Α	
Hemostatic Agent **			1			Trauma Scissors			1		Α	
Emesis Basin / Bags			2		В	Irrigation Solution1000 ml 1			-		В	
Mounted Sharps Container			1		Α	Chem	Strips/Glucomete	r **	1			

					Unit #			
ILS EQUIPMENT	Min.	Y/N	CAT.	ALS EQUIPMENT	MIN.	Y/N	CAT.	
IV Administration Sets Macro Drip	2		Α	Monitor/Defibrillator-Adult and Pedi Pads	1		Α	
Buretrol or equiv.	1		Α	Chest Decompression Kit	1		Α	
Capnography Adult **	1			Needle Cricothyroidotomy Kit	1		Α	
Capnography Pedi **	2			Nasogastric Tubes Various Sizes	2ea		В	
End Tidal CO2 Detector	2		В	Endotracheal Intubation Kit	1		Α	
IV Catheters Various Sizes	2ea		Α	Endotracheal Tubes 2.5 - 8.0	2ea		Α	
IO Needles #15 or 18 Gauge	2		Α	Adult & Pedi Stylet	2ea		Α	
Syringes,TB w/ needle	2ea		Α					
IM Needles	2		В	IV FLUIDS				
Supraglottic Airway Device	2ea		Α	Normal Saline 1000cc	4		Α	
Magill Forceps	1		Α	Lactated Ringers **	2			
Nebulizers	2		Α	Dextrose 5% Water **	2			
Syringes Various Sizes	2ea		Α					
MEDICATIONS BAS	SED O	N AG	ENC	Y PROTOCOLS AND SERVICE L	EVE	_		
Acetaminophen / Tylenol				Ketorolac/ Toradol				
Activated Charcoal				Levalbuterol/ Xopenex				
Adenosine / Adenocard				Levophed/ Norepinephrine				
Albuterol / Proventil				Lidocaine				
Amiodarone / Cardarone				Lidocaine Gel				
Aspirin				Lidocaine Pre-Mix Bag				
Atropine Sulfate				Lorazepam/ Ativan				
Atrovent / Ipratropium Bromide				Magnesium Sulfate				
Calcium Chloride				Midazolam / Versed				
Cyanide Antidote Kit				Morphine Sulfate				
Dextrose				Naloxone / Narcan				
Diazepam/Valium				Neo-Synephrine or Equivalent				
Diltiazem/ Cardizem				Nitroglycerin				
Diphenhydramine / Benadryl				Nitroglycerin Drip				
Dobutamine				Nitrous Oxide / Nitronox				
Dopamine / Intropin				Ondansetron/ Zofran				
DuoDote				Oxymetazoline/ Afrin				
Epinephrine 1:10,000				Oxytocin /Pitocin				
Epinephrine 1:1000				Promethazine / Phenergan				
Epinephrine auto Inj adult/pedi				Racemic Epi				
Fentanyl/ Sublimaze				Sodium Bicarb 8.4%				
Flumazenil/ Ramazacon				Solu-mederal				
Furosemide / Lasix				Terbutaline				
Glucagon				Tetracaine or Equivalent				
Glucose Paste				Thiamine / Vitamin B1				
Haloperidol / Haldol				Vasopressin/ Pitressin				
Hydromorphone/ Dilaudid								
Ketamine				Paralytic Medications				

<sup>&</sup>quot;Medication list is different for each agency based off of approved protocols. All medications approved for your agency must be stocked appropriately and be within expiration date. All violations of medications are considered to be a Category A "

N/A = Not Applicable \*\* = Optional Equipment

					Unit	#	
		OPE	RATI	ONAL STANDARDS			
Meet Standards / Working	Y	N	CAT.	Meet Standards / Working	Υ	N	CAT.
Light bar Operational			Α	Dispatch Radio Operational			Α
Box Lights Operational			Α	Hospital Radio Operational			Α
Scene Lights Operational			В	Heater & Air Conditioner Operational			Α
Headlights Operational			Α	Disinfectant Solution			В
Flash Light			В	Protective Helmet Per Attendant **			
Interior Lights Operational			Α	Interior Clean & Sanitized			Α
Siren Operational			Α	Medications Stored for Climate			
Brake lights Operational			Α	Control			Α
Turn Indicators Operational			Α	Controlled Medications Stored			
Horn Operational			Α	in Locked Cabinet or Under Direct			
Fire Extinguisher 5 lbs. ABC Type			Α	Control of Appropriate Licensed Provider			Α
Seat with Safety Belts			Α	Controlled Substances Record of			
Gurney with 5 Point Rest. Harness			Α	Usage Inventory issued by Service			
Gurney Fasteners Secured			Α	Compliant with NAC 450B.481			Α
Stair Chair **				Equipment Clean & Sanitized			Α
Name Printed on Both Sides				Ambulance Fully Operational			Α
of Vehicle			Α	Current Hazardous Materials Guide			В
Reflective Safety Wear per Attendant			Α	Triage Kit			В
Copy of Protocols			В	Hand Sanitizer			В
450B. If less than all category "A" supp	lies of a orrected regiona	any iter d with	m are r a writte within	ound in compliance with the NRS's and the nissing the item shall be treated as a categor report to the Division of Public & Behavior 72 hours. Failure to comply with this notice te.	ory "B" ral He	item. alth	1
Comments :							
This Unit <b>DOES / DOES NOT</b> of the Division of Public & Beha		•		e Emergency Medical Systems Reg	gulati	ons	
THIS UNIT IS HERE OBTAINS A SATIS				FROM SERVICE UNTIL SUCH TI PECTION	МЕ Т	HAT	IT
Date: Inspected By:				Acknowledged By:			

# NAC 450B.461 Restrictions on authority to administer

Licensed Ambulance equipment and supply list from NV EMS website

2. The applicant shall submit proof to the Division, signed by the person responsible for the training, that the applicant has successfully completed the course or curriculum specified in paragraph (b) of subsection 1.

(Added to NAC by Bd. of Health by R182-01, eff. 3-5-2002; A by R024-14, 10-24-2014)

NAC 450B.457 Certification of emergency medical dispatcher trained in another state. (NRS 450B.120, 450B.155)

1. The Division may issue a certificate as an emergency medical dispatcher to an applicant who is

trained in another state if:

(a) The applicant:

(1) Is a resident of Nevada; (2) Will be a resident of Nevada within 6 months after applying for a certificate;

(3) Is a resident of another state and is employed by an agency that is responsible for emergency medical dispatch within the State of Nevada: or

(4) Is attending a course of training held in this State and approved by the Division.

 (b) The applicant:
 (1) Successfully completes a course of training that is approved by the Division and is at least equivalent to the national standard for emergency medical dispatchers; and

(2) Holds a certificate as an emergency medical dispatcher that is issued by an authorized agency

in the other state.

(c) The applicant's certification or registration in the other state has not been revoked, terminated or suspended pursuant to any disciplinary proceeding.

(d) The Division receives verification of the applicant's certificate as an emergency medical

dispatcher from the issuing agency of the other state on a form provided by the Division.

(e) The applicant submits the appropriate form and the fee prescribed in NAC 450B.700.

2. The Division may require the applicant to pass an evaluation or examination of his or her competency administered by the Division.

(Added to NAC by Bd. of Health by R182-01, eff. 3-5-2002; A by R024-14, 10-24-2014; R068-16, 1-

27-2017)

#### NAC 450B.458 Expiration and renewal of certificate. (NRS 450B.120, 450B.155)

1. A certificate as an emergency medical dispatcher expires on the date of expiration appearing on the certificate and, after the initial period, expires biennially. The Division shall designate the date of expiration of each certificate.

Such a certificate may be renewed if:

(a) The Division determines that the holder of the certificate has, before the date of expiration,

successfully completed:

(1) A course of continuing training that is at least equivalent to the national standard prepared by the National Highway Traffic Safety Administration of the United States Department of Transportation as a national standard as a refresher course for emergency medical dispatchers and is offered by a training center or approved by the Division; or

(2) Any other program of continuing education that is approved by the Division. Such a program must not be approved unless the requirement for attendance for that program for an emergency medical

dispatcher is at least 8 hours.

(b) The holder submits, within the 3 months immediately preceding the date the certificate expires.

an application indicating compliance with the requirements set forth in paragraph (a).

(Added to NAC by Bd. of Health by R182-01, eff. 3-5-2002; A by R024-14, 10-24-2014; R068-16, 1-

27-2017)

NAC 450B.459 Late renewal of certificate. (NRS 450B.120, 450B.155) If an emergency medical dispatcher is unable to attend a course for continuing training required to renew his or her certificate, or otherwise comply with the requirements for renewal, within the prescribed period, he or she may submit a written request for a late renewal on a form provided by the Division.

(Added to NAC by Bd. of Health by R182-01, eff. 3-5-2002; A by R068-16, 1-27-2017)

#### CONTROLLED SUBSTANCES AND DANGEROUS DRUGS



NAC 450B.461 Restrictions on authority to administer. (NRS 450B.120, 450B.180, 450B.1915, 450B, 197, 453, 375, 454, 213)

Frotacol Veilfiation and approval signed by medical director and

1. No paramedic may administer any controlled substance as defined in the preliminary chapter of NRS to a patient while serving as an attendant in a service unless the controlled substance is named on the inventory of medication issued by the medical director of the service and:

(a) An order is given to the paramedic by a physician or a registered nurse supervised by a physician;

(b) The paramedic is authorized to administer the controlled substance pursuant to a written protocol

that is approved by the medical director of the service and on file with the Division. (Added to NAC by Bd. of Health

any dangerous drug

any dangerous drug is named on the inventory of is named on the inventory of the service and:

aurse supervised by a physician; or

(b) The advanced emergency medical technician or paramedic is authorized to administer the drug pursuant to a written protocol that is approved by the medical director of the service and on file with the drug.

3. An emergency medical technician shall not administer or assist in administering drug.

4. As used in this section, "dangerous drug" has the (Added to NAC by Bd. of Health 16, 1-27-2017) 2. No advanced emergency medical technician or paramedic may administer any dangerous drug

#### NAC 450B.465 Storage and security. (NRS 450B,120)

1. Each dangerous drug and controlled substance used by a service must be stored:

(a) In its original container, and each original container must bear a securely attached label which is legibly marked; and

(b) Under appropriately controlled climatic conditions.

2. In addition to the requirements set forth in subsections. In addition to the requirements set forth in subsection 1, each controlled substance must be:

(a) Stored in a locked cabinet in the ambulance, air ambulance or agency's vehicle; or

(b) Under the direct physical control of a paramedic or a registered nurse.

When a controlled substance is not being used, it must be secured, together with the record for that controlled substance, in a manner approved by the medical director of the service.

(Added to NAC by Bd. of Health, eff. 8-1-91; A by R182-01, 3-5-2002; R024-14, 10-24-2014)

#### NAC 450B.471 Administration: Reporting requirements; discarding of unused portion of unit dose. (NRS 450B,120, 450B,180, 450B,1915, 450B,197, 453,375, 454,213)

 Each time a paramedic or registered nurse administers a controlled substance or an advanced emergency medical technician, paramedic or registered nurse administers a dangerous drug, an entry must be made on the report of emergency care. The entry must contain:

(a) The name of the medication administered:

(b) The dose of the medication administered:

The route of administration:

(d) The date and time of administration;

(e) The name of the physician ordering the medication if the medication is ordered outside of a standing protocol;

(f) The signature, electronic signature or initials of the person who administered the medication and the emergency medical services number of that person; and

(g) If a registered nurse administered the medication, the emergency medical services number or license number of that nurse.

2. If the entire amount of a unit dose of a controlled substance is not used when it is administered to a patient, the unused portion of that unit dose must be discarded. The discarding of the unused portion of the unit dose must be:

(a) Verified by a witness who is a licensed attendant of the service or an employee of the hospital to which the patient was transported and who shall sign or electronically sign a statement indicating the unused portion was discarded; and

(b) Noted in the record for controlled substances.

3. If any error is made in administering a medication or the patient has an unusual reaction to a medication, the advanced emergency medical technician, paramedic or registered nurse who administered the medication shall immediately report the error or reaction to the receiving physician,

				1000		Unit #			
ILS EQUIPMENT	Min.	Y/N	CAT.	ALS EQUIPMENT	MIN.	YAN	CAT.		
IV Administration Sets Macro Drip	2		A	Monitor/Defibrillator-Adult and Pedi Pads	1		A		
Buretrol or equiv.	17	_	A	Chest Decompression Kit	1		A		
Capnography Adult **	11		1	Needle Cricothyroldotomy Kit	1		A		
Capnography Pedi **	1 2	1		Nasogastric Tubes Various Sizes	2ea		В		
End Tidal CO2 Detector	1 2	-	В	Endotracheal Intubation Kit	1_		A		
IV Catheters Various Sizes	200	Η-	Ā	Endotracheal Tubes 2.5 - 8.0	2ea		A		
IO Needles #15 or 18 Gauge	2	Η-	A	Adult & Pedi Stylet	2ea		A		
Syringes, TB w/ needle	268	1	TA		3 777				
IM Needles	2	-	В	IV FLUIDS					
Supreglottic Airway Device	200	Η-	1 A	Normal Saline 1000cc	4	Г	A		
Magill Forceps	1	1	<del>l</del> Â	Lactated Ringers **	2				
Magni Porceps Nebulizers	1 2	-	<del>l</del> Â	Dextrose 5% Water **	2	Г			
Syringes Various Sizes	200	┰	1 Â						
WENT ATTING B				Y PROTOCOLS AND SERVICE	EVE				
Acetaminophen / Tylenol		T	T	Ketorolac/ Toradol	$\overline{}$	Т	T		
Activated Charcoal	_	-	+	Levalbuterol/ Xopenex	T	Т	T		
Adenosine / Adenocard	_	╌	-	Levophed/ Norepinephrine	T				
Albuterol / Proventil	+-	-	+	I Idocalne	t	1	T		
	+	+-	+-	Lidocaine Gel	-		$\mathbf{T}$		
Amiodarone / Cardarone	-	-	+-	Lidocaine Pre-Mix Bag	+-	1	_		
Aspirin	+	+	+-	Lorazepam/ Ativan	+	-	_		
Atropine Sulfate	+	┰	+-	Magnesium Suffato	<del>                                     </del>	1	_		
Atrovent / Ipratroplum Bromide Catcium Chloride	+	┿	+-	Midazolam / Versed	<del>                                     </del>	+-	+		
	+	-	+	Morphine Sulfate	<del>                                     </del>	+-	+-		
Cyanide Antidote Kit	+	-	+-	Naloxone / Narcan	+	1	+-		
Dextrose	+	-	+-	Neo-Synephrine or Equivalent	+	+	+		
Diazepam/Vallum	-	╌	+-		┿	-	+		
Dittazem/ Cardizem	_	+	+-	Nitroglycerin	+-	+	+		
Diphenhydramine / Benadryl	_	╀-	+-	Nitroglycerin Drip Nitrous Oxide / Nitronox	-	+	+-		
Dobutamine	_	╌	+-	Ondansetron/ Zofran	+-	+-	-		
Dopamine / Intropin	_	-	+		+-	┼	+-		
DuoDote	_	-	+	Oxymetazoline/ Afrin	+-	+-	+		
Epinephrine 1:10,000	-	+-	+	Oxytocin /Pitocin	+	┰	+		
Epinephrine 1:1000		₩	+	Promethazine / Phenergan	+-	┰	+-		
Epinephrine auto inj adult/pedi	_	1	+	Racemic Epi	+-	+-	+		
Fentanyl/ Sublimaze		+-	+	Sodium Bicarb 8.4%	+	-	-		
Flumazenil/ Ramazacon	+	+	+	Solu-mederat		+	+		
Furosemide / Lasix	-	₩	+-	Terbutaline	+	+	+		
Glucagon	-	+	+	Tetracaine or Equivalent	+	-	+		
Glucose Paste	_	+	+	Thiamine / Vitamin B1	+	+	+		
Haloperidol / Haldol	_	-	+-	Vasopressin/ Pitressin	+-	+	+		
Hydromorphone/ Dilaudid	-	-	+	Doroh die Madiestiere	+-	+-	+-		
Ketamine				Paralytic Medications	_	_			

I Init #

N/A = Not Applicable

State of NV Page 2 6/29/2015

<sup>&</sup>quot;Medication list is different for each agency based off of approved protocols. All medications approved for your agency must be stocked appropriately and be within expiration date. All violations of medications are considered to be a Category A."

<sup>\*\* =</sup> Optional Equipment

					Unit#					
OPERATIONAL STANDARDS										
Meet Standards / Working	Y	N	CAT.	Meet Standards / Working	Y	N	CAT.			
Light bar Operational			A	Dispatch Radio Operational		_	A			
Box Lights Operational			A	Hospital Radio Operational	_		A			
Scene Lights Operational			В	Heater & Air Conditioner Operational	_		A			
Headlights Operational			A	Disinfectant Solution	_		В			
Flash Light		Г	В	Protective Helmet Per Attendant **	_	_	_			
Interior Lights Operational			A	Interior Clean & Sanitized			A			
Siren Operational		Г	A	Medications Stored for Climate						
Brake lights Operational			A	Control	_	_	LA			
Turn Indicators Operational		Т	A	Controlled Medications Stored	1					
Hom Operational		Г	A	in Locked Cabinet or Under Direct		1	1			
Fire Extinguisher 5 lbs. ABC Type			A	Control of Appropriate Licensed Provider		_	A			
Seat with Safety Belts		Г	A	Controlled Substances Record of						
Gumey with 5 Point Rest. Harness		Т	A	Usage Inventory issued by Service			1			
Gumey Fasteners Secured		Г	A	Compliant with NAC 450B.481		_	A			
Stair Chair **		1		Equipment Clean & Sanitized			A			
Name Printed on Both Sides	Г	Т	$\top$	Ambulance Fully Operational			Α			
of Vehicle	1	ı	A	Current Hazardous Materials Guide			В			
Reflective Safety Wear per Attendant		T	A	Triage Kit			В			
Copy of Protocols		Т	В	Hand Senitizer			В			

#### ALL VIOLATIONS MUST BE CORRECTED AS OUTLINED BELOW

Violations in Category "A" if All Category "A" supplies of any item are missing this requires the unit be immediately removed from service. The unit must be re-inspected and found in compliance with the NRS's and the NAC's of 450B. If less than all category "A" supplies of any item are missing the item shall be treated as a category "B" item.

Violations in Category "B" must be corrected with a written report to the Division of Public & Behavioral Health Emergency Medical Systems program regional office within 72 hours. Failure to comply with this notice may result in suspension of your permit or removal of the unit from service.

Comment	5:		
This Unit	DOES / DOES NOT	with the Emergency Medical Sy	stems Regulations
		MOVED FROM SERVICE UNTIL	L SUCH TIME THAT IT
Date:	Inspected By:	Acknowledged By	r.

### State of Nevada EMS Program Inspection Form AMBULANCE UNIT

Permit No.	Agency Na	tme							Level		
	Address					(4) N			Unit#		
fear .	Make	Туре	Color	Color License # Vir/Serial #						Insp. (	Date
Type of Insp	nection :		Retu	ern to	_					Odor	noter
- T	legular	Corrective	Sen				ent of				
				Ba	sic L	te St	upport				
Airy	vay/Vent	lation	Min.	Y/N	Cat.		Dress	ng	Min.	YAN	Cat
	en (500 lbs.		11		A	ABD-	Trauma Dressing	6	2		A
	ygen (500 lb		1		A	4x4's			20		_A
Adult Nasal			4		A	5x9's	or equiv.		5		_
Child & Infa		nnula **	2			Trian	gular Bandage		2		В
	ebreather N		4		A	Rolle	r Gauze		4		A
	tebreather N		2		A		usive Dressing		2		A
	Rebreather I		2				Dressing Various		2	_	A
	Aask with O					Tape	/Hypoallergenic V	erious Sizes	2		В
Adult & Chil			1ea		A	Survi	val/Thermal Blank		1		
OPA's Size	0 - 5 / equiv		1ea		A		Pat	ent Assessn	nent		
	34F / equiv		1ea		A	AED	or SAED with Adu	tt & Pedi Pads	1		A
Fixed Suction			1		A			1		A	
	ction / batte	ry coerated	11		A	Pulse Ox with Adult & Pedi Probes **		1			
TonsiBer Su		, .,	2		A			1		A	
Suction Tub		1000000	2		A	Infan	t BP Cuff **		1		
		N/ airflow ctrl	2		В	Adult	t Stethoscope		1		A
	e not in OB		1	г	В	Pedi	atric Stethoscope	**	1		
		lization D	evices	_	-	Pen	Flashlight		1		В
Racidoant	Impervious		1 2	Г	IA	Ther	mometer		1		8
KED or equ			17	-	A		ō	bstetrical/Ch	ild		
		Spider Straps	-	1	Â	Ohet	tetrical Kit (sterile)		1 2		A
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	ackboard **		11	t	<del>†</del>		nt Warming Device	,	1		
Head Immo			2	t-	A	Child Restraint System **					
		Arms & Legs	2ea		В						
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PPE Gown	s, Glasses,	Glovas etc.	1 2	T	TA		miquet		11		T
	ater, 1000 n		17	1	B		Cutter **		1		Г
Hot & Cold			2	т	B	_	ply of Clean Linen		2		
Hemostatic			1	Т	1	_	ma Scissors		1		1
Emesis Bas			2	1	В	Irriga	ation Solution 1000	ml	1		I
	harps Conta	iner	1		A		m Strips/Glucome		1		

# 2019 National EMS Scope of Practice Model

Pharmacological Intervention Minimum Phychomotor Skill Set

AEMT Scope of Practice - Pages 20 – 21, 28

Medical Director Approved Medications – pages 29 & 30

National EMS Scope of Practice Model 2019: Including Change Notices 1.0 and 2.0

## Table of Contents

Executi	ve Summary	XI
ı.	Background	1
Over	view of the EMS Profession	2
The E	Evolution of the EMS Agenda for the Future	3
Imple	ementation of the 2007 National EMS Scope of Practice Model	5
Appr	oach to Revising the National EMS Scope of Practice Model	6
The F	Role of State Government	7
II.	Understanding the Scope of Practice	7
Over	view	7
The I	nterdependent Relationship Between Education, Certification, Licensure, and Credentialing	7
Scop	e of Practice Versus Standard of Care	13
A Cor	mprehensive Approach to Safe and Effective Out-of-Hospital Care	13
III.	Special Considerations	14
Liabil	lity in EMS Licensing and Oversight	14
Scop	e of Practice for Special Populations	14
Scop	e of Practice During Disasters, Public Health Emergencies, and Extraordinary Circumstances	15
Scop	e of Practice for EMS Personnel Functioning in Nontraditional Roles	15
Speci	ialty Care Delivered by Licensed EMS Personnel	15
Milita	ary to Civilian EMS Transition	16
IV.	Description of Levels	18
Emer	rgency Medical Responder	18
Emer	gency Medical Technician	19
*Adv	anced Emergency Medical Technician	20
Parar	medic	21
٧.	Depth and Breadth of Knowledge	24
VI.	Interpretive Guidelines	25
l.	Skill – Airway/Ventilation/Oxygenation	25
II.	Skill – Cardiovascular/Circulation	26
III.	Skill – Splinting, Spinal Motion Restriction, and Patient Restraint	27
IV.	*Skill – Medication Administration - Routes	28
V.	*Medical Director Approved Medications	29
VI.	Skill – IV Initiation/Maintenance Fluids	30

VII.	Skill – Miscellaneous	30
VIII.	Definitions	32
Appendi	x A: History of Occupational Regulation in EMS	A-1
Appendi	x B: Changes and Considerations From the 2007 Practice Model	B-1
Nome	nclature	B-2
Acade	mic Degree Requirements for Paramedics	B-2
Δttend	dant Qualifications for Ambulance Transport	B-2

# 2019 National EMS Scope of Practice Model

Pharmacological Intervention Minimim Phychomotor Skill Set

AEMT Scope of Practice - pages 20-21, 28

Medical Director Approved Medications – pages 29-30





**DOT HS 813 151** 

August 2021

# National EMS Scope of Practice Model 2019: Including Change Notices 1.0 and 2.0

## **Table of Contents**

Executive Summary	Xi
I. Background	
Overview  The Interdependent Relationship Between Education, Certification, Credentialing  Scope of Practice Versus Standard of Care  A Comprehensive Approach to Safe and Effective Out-of-Hospital	7 Licensure, and 7
Liability in EMS Licensing and Oversight  Scope of Practice for Special Populations  Scope of Practice During Disasters, Public Health Emergencies, and Circumstances  Scope of Practice for EMS Personnel Functioning in Nontraditional Specialty Care Delivered by Licensed EMS Personnel  Military to Civilian EMS Transition	
IV. Description of Levels  Emergency Medical Responder  Emergency Medical Technician  ★ Advanced Emergency Medical Technician  Paramedic	
V. Depth and Breadth of Knowledge	24
I. Skill – Airway/Ventilation/Oxygenation  II. Skill – Cardiovascular/Circulation  III. Skill – Splinting, Spinal Motion Restriction, and Patient Restrain  IV. Skill – Medication Administration – Routes  V. Medical Director Approved Medications  VI. Skill – IV Initiation/Maintenance Fluids  VII. Skill – Miscellaneous	
VII. Definitions	
Appendix A: History of Occupational Regulation in EMS	
Appendix B: Changes and Considerations From the 2007 Practice Mod Nomenclature	B-2
Attendant Qualifications for Ambulance Transport	

# Advanced Emergency Medical Technician

AEMT Scope of Practice - Pages 20 – 21, 28

(Start of Page 20)

#### **Education Requirements**

Successful completion of an EMT training program that is:

- Complaint with a uniform national standard for quality, and
- Approved by the State of U.S. Territory

#### **Primary Role**

Provide basic patient care and medical transportation within the emergency care system.

#### Type of Education

Vocational/Technical setting:

• Diploma or certificate awarded for successful completion.

#### **Critical Thinking**

Within a limited set of protocol-driven, clearly defined principles that:

- Engages in basic risk versus benefit analysis.
- Participated in making decisions about patient care, transport destinations, the need for additional patient care resources, and similar judgements.

#### **Level of Supervision**

General medical oversight required. Some autonomy at basic life support level, assist higher-level personnel at the scene and during patient transport.



### Advanced Emergency Medical Technician

#### Description

The AEMT is a health professional whose primary focus is to respond to, assess, and triage non-urgent, urgent, and emergent requests for medical care, apply basic and focused advanced knowledge and skills necessary to provide patient care and/or medical transportation, and facilitate access to a higher level of care when the needs of the patient exceed the capability level of the AEMT. The additional preparation beyond EMT prepares an AEMT to improve patient care in common emergency conditions for which reasonably safe, targeted, and evidence-based interventions exist. Interventions within the AEMT scope of practice may carry more risk if not performed properly than interventions authorized for the EMT/EMT levels. With proper supervision, an AEMT may serve as a patient care team member in a hospital or health care setting to the full extend of their education, certification, licensure and credentialing. In a community setting an AEMT might visit patients at home and make observations that are reported to a higher-level authority to help manage a patient's care.

Advanced emergency medical technicians:

 Function as part of a comprehensive EMS response, community, health, or public safety system with medical oversight.

(End of Page 20)

(Start of Page 21)

Perform interventions with the basic and advanced equipment typically found on an ambulance,



- Perform focused advanced skills and pharmacological interventions that are engineered to mitigate specific life-threatening conditions, medical, and psychological conditions with a targeted set of skills beyond the level of an EMT.
  - Function as an important link from the scene into the health care system.

#### Other Attributes

The learning objectives and additional clinical preparation for AEMTs exceed the level of EMTs. In areas where paramedic response is not available, the AEMT may be the highest level of EMS personnel a patient encounters before reaching a hospital. AEMTs advocate health and safety practices that may help reduce harm to the public.

#### **Education Requirements**

Successful completion of a nationally accredited or CAAHEP-accredited AEMT program that meets all other State/Territorial requirements. (The target for full implementation of AEMT program accreditation is January 1, 2025.)

#### **Primary Role**

Provide basic and focused advanced patient care; determine transportation needs in the health care system.

#### Type of Education

Vocational/technical or academic setting:

• Diploma, certificate, or associates degree awarded for successful completion.

#### **Critical Thinking**

Within a limited set of protocol-driven, clearly defined principles that:

- Engages in basic risk versus benefit analysis.
- Participates in making decisions about patient care, transport destinations, the need for additional patient care resources, and similar judgements.

#### **Level of Supervision**

Medical oversight required. Minimal autonomy for limited advanced skills. Provides some supervision of lower level personnel. Assist higher-level personnel at the scene and during transport.

#### **Paramedic**

#### Description

The paramedic is a health professional whose primary focus is to respond to, assess, and triage emergent, urgent, and non-urgent requests for medical care, apply basic and advanced knowledge and skills necessary to determine patient physiologic, psychological, and

(End of Page 21)

(Start of Page 28)

#### IV. Skill – Medication Administration – Routes

IV. Skill – Medication Administration – Routes <sup>3</sup>	EMR	EMT	AEMT	Paramedic
Aerosolized/nebulized		Х	Х	X
Endotracheal tube				Х
Inhaled		Х	Х	Х
Intradermal				Х
Intramuscular		X <sup>4</sup>	Х	Х
Intramuscular – auto-injector	Х	Х	Х	Х
Intranasal			Х	Х
Intranasal – unit-dosed, premeasured	Χ	Х	Х	Х
Intraosseous – Initiation, peds or adult			Х	Х
Intravenous			Х	Х
Mucosal/sublingual		Х	Х	Х
Nasogastric				Х
Oral		Х	Х	Х

<sup>&</sup>lt;sup>3</sup>Limited to Medical Director Approved Medications.

(End of Page 28)

<sup>&</sup>lt;sup>4</sup>Medical direction should ensure appropriate clinical experience and education, including the separate skills of medication preparation, medication dilution, filling a syringe from a multi-dose vial, and changing the needle on a syringe.

# Advanced Emergency Medical Technician

**AEMT Scope of Practice - pages 20-21, 28** 

#### **Education Requirements**

Successful completion of an EMT training program that is:

- Compliant with a uniform national standard for quality, and
- Approved by the State or U.S. Territory.

#### **Primary Role**

Provide basic patient care and medical transportation within the emergency care system.

#### Type of Education

Vocational/Technical setting:

• Diploma or certificate awarded for successful completion.

#### **Critical Thinking**

Within a limited set of protocol-driven, clearly defined principles that:

- o Engages in basic risk versus benefit analysis.
- o Participates in making decisions about patient care, transport destinations, the need for additional patient care resources, and similar judgments.

#### Level of Supervision

General medical oversight required. Some autonomy at basic life support level, assist higher-level personnel at the scene and during patient transport.



### **Advanced Emergency Medical Technician**

#### Description

The AEMT is a health professional whose primary focus is to respond to, assess, and triage non-urgent, urgent, and emergent requests for medical care, apply basic and focused advanced knowledge and skills necessary to provide patient care and/or medical transportation, and facilitate access to a higher level of care when the needs of the patient exceed the capability level of the AEMT. The additional preparation beyond EMT prepares an AEMT to improve patient care in common emergency conditions for which reasonably safe, targeted, and evidence-based interventions exist. Interventions within the AEMT scope of practice may carry more risk if not performed properly than interventions authorized for the EMR/EMT levels. With proper supervision, an AEMT may serve as a patient care team member in a hospital or health care setting to the full extent of their education, certification, licensure, and credentialing. In a community setting an AEMT might visit patients at home and make observations that are reported to a higher-level authority to help manage a patient's care.

Advanced emergency medical technicians:

• Function as part of a comprehensive EMS response, community, health, or public safety system with medical oversight.

Perform interventions with the basic and advanced equipment typically found on an ambulance.

Perform focused advanced skills and pharmacological interventions that are engineered



- to mitigate specific life-threatening conditions, medical, and psychological conditions with a targeted set of skills beyond the level of an EMT.
- Function as an important link from the scene into the health care system.

#### Other Attributes

The learning objectives and additional clinical preparation for AEMTs exceed the level of EMTs. In areas where paramedic response is not available, the AEMT may be the highest level of EMS personnel a patient encounters before reaching a hospital. AEMTs advocate health and safety practices that may help reduce harm to the public.

#### **Education Requirements**

Successful completion of a nationally accredited or CAAHEP-accredited AEMT program that meets all other State/Territorial requirements. (The target for full implementation of AEMT program accreditation is January 1, 2025.)

#### Primary Role

Provide basic and focused advanced patient care; determine transportation needs in the health care system.

### Type of Education

Vocational/technical or academic setting:

• Diploma, certificate, or associates degree awarded for successful completion.

### Critical Thinking

Within a limited set of protocol-driven, clearly defined principles that:

- o Engages in basic risk versus benefit analysis.
- o Participates in making decisions about patient care, transport destinations, the need for additional patient care resources, and similar judgments.

### Level of Supervision

Medical oversight required. Minimal autonomy for limited advanced skills. Provides some supervision of lower level personnel. Assist higher-level personnel at the scene and during transport.

#### **Paramedic**

### Description

The paramedic is a health professional whose primary focus is to respond to, assess, and triage emergent, urgent, and non-urgent requests for medical care, apply basic and advanced knowledge and skills necessary to determine patient physiologic, psychological, and

III. Skill – Splinting, Spinal Motion Restriction (SMR), and Patient Restraint	emr	EMT	AEMT	Paramedic
Splint - traction		x	х	x
Mechanical patient restraint		х	х	х
Emergency moves for endangered patients	х	х	х	х

#### IV. Skill - Medication Administration - Routes

IV. Skill – Medication Administration – Routes <sup>3</sup>	EMR	EMT	AEMT	Paramedic
Aerosolized/nebulized		х	x	x
Endotracheal tube				x
Inhaled		х	х	х
Intradermal				x
Intramuscular		X <sup>4</sup>	x	x
Intramuscular — auto-injector	x	х	х	x
Intranasal			х	x
Intranasal - unit-dosed, premeasured	x	х	х	х
Intraosseous – initiation, peds or adult			х	х
Intravenous			х	х
Mucosal/sublingual		x	х	х
Nasogastric				х
Oral		х	х	х

Limited to Medical Director Approved Medications.
 Medical direction should ensure appropriate clinical experience and education, including the separate skills of medication preparation, medication dilution, filling a syringe from a multi-dose vial, and changing the needle on a syringe.

# Advanced Emergency Medical Technician

Medical Director Approved Medications - Pages 29 - 30

IV. Skill – Medication Administration – Routes <sup>3</sup>	EMR	EMT	AEMT	Paramedic
Rectal				x
Subcutaneous			Х	х
Topical				х
Transdermal				х

## V. Medical Director Approved Medications

V. Medical Director Approved Medications	EMR	EMT	AEMT	Paramedic
Use of epinephrine (auto-injector) for anaphylaxis (supplied and carried by the EMS agency)		х	х	х
Use of auto-injector antidotes for chemical/hazardous material exposures	Х	Х	Х	Х
Use of opioid antagonist auto- injector for suspected opioid overdose	Х	Х	Х	Х
Immunizations			Х	Х
Immunizations during a public health emergency		Х	Х	Х
Inhaled – beta agonist/bronchodilator and anticholinergic for dyspnea and wheezing		X	Х	х
Inhaled – monitor patient administered (i.e., nitrous oxide)	Х	Х	Х	Х
Intravenous			X <sup>5</sup>	Х
Maintain infusion of blood or blood products				Х
Oral aspirin for chest pain of suspected ischemic origin		Х	Х	х
Oral glucose for suspected hypoglycemia		Х	Х	Х
Oral over-the-counter (OTC) analgesics for pain or fever		Х	Х	Х
OTC medications, oral and topical				X
Parenteral analgesia for pain			Х	X
Sublingual nitroglycerin for chest pain of suspected ischemic origin		Х		





– limited to patient's own			
prescribed medication			
Sublingual nitroglycerin for chest		Y	Y
pain of suspected ischemic origin		^	Λ
Thrombolytics			Х

5Limited to analgesia, antinausea/antiemetic, dextrose, epinephrine, naloxone, and other defined by State/local protocol

## VI. Skill – IV Initiation/Maintenance Fluids

VI. Skill – Initiation/Maintenance Fluids	EMR	EMT	AEMT	Paramedic
Access indwelling catheters and implanted central IV ports				Х
Central line – monitoring				x
Intraosseous – initiation, peds or adult			Х	Х
Intravenous access			x	X
Intravenous initiation – peripheral			х	х
Intravenous – maintenance of non-medicated IV fluids			Х	Х
Intravenous – maintenance of medicated IV fluids				Х

## VI. Skill – IV Initiation/Maintenance Fluids

VI. Skill – Miscellaneous	EMR	EMT	AEMT	Paramedic
Access indwelling catheters and implanted central IV ports	Х	Х	Х	Х
Assisted delivery (childbirth)		Х	Х	Х

# Advanced Emergency Medical Technician

**Medical Director Approved Medications – pages 29-30** 

IV. Skill – Medication Administration – Routes <sup>3</sup>	EMR	EMT	AEMT	Paramedic
Rectal				х
Subcutaneous			х	х
Topical				x
Transdermal				х

## V. Medical Director Approved Medications

V. Medical Director Approved Medications	EMR	EMT	AEMT	Paramedic
Use of epinephrine (auto-injector) for anaphylaxis (supplied and carried by the EMS agency)		х	х	х
Use of auto-injector antidotes for chemical/hazardous material exposures	x	x	x	x
Use of opioid antagonist auto-injector for suspected opioid overdose	x	х	х	x
Immunizations			x	х
Immunizations during a public health emergency		х	х	x
Inhaled – beta agonist/bronchodilator and anticholinergic for dyspnea and wheezing		х	x	х
Inhaled – monitor patient administered (i.e., nitrous oxide)			x	x
Intranasal - opioid antagonist for suspected opioid overdose	х	х	x	x
Intravenous			X <sup>5</sup>	x
Maintain infusion of blood or blood products				х
Oral aspirin for chest pain of suspected ischemic origin		х	х	x
Oral glucose for suspected hypoglycemia		х	x	х



<sup>5</sup> Limited to analgesia, antinausea/antien	etic, dextrose, epinephrine,	glucagon, naloxone, and others defined by	
State/local protocol.			

V. Medical Director Approved Medications	EMR	EMT	AEMT	Paramedic
Oral over-the-counter (OTC) analgesics for pain or fever		х	х	x
OTC medications, oral and topical				x
Parenteral analgesia for pain			х	х
Sublingual nitroglycerin for chest pain of suspected ischemic origin – limited to patient's own prescribed medication		x		
Sublingual nitroglycerin for chest pain of suspected ischemic origin			х	x
Thrombolytics	***************************************			х

## #

## VI. Skill - IV Initiation/Maintenance Fluids

VI. Skili – IV Initiation/Maintenance Fluids	EMR	ЕМТ	AEMT	Paramedic
Access indwelling catheters and implanted central IV ports				х
Central line - monitoring				х
Intraosseous - initiation, peds or adult			х	х
Intravenous access			x	х
Intravenous initiation - peripheral			x	х
Intravenous – maintenance of non- medicated IV fluids		i	х	x
Intravenous – maintenance of medicated IV fluids				х

## VII. Skill - Miscellaneous

VII. Skill – Miscellaneous	EMR	ЕМТ	AEMT	Paramedic
Assisted delivery (childbirth)	х	х	х	х
Assisted complicated delivery (childbirth)		x	х	х